

A Few Notes from your District Councillor

NOVEMBER 2021

FOUR OF TENDRINGS PARKS AND GARDENS – HOLD THEIR GREEN FLAG AWARDS

The district has been awarded by Keep Britain Tidy Four Green Flag Awards for open spaces at Clacton Seafront Gardens, Weeley Crematorium and Gardens, Cliff Park in Dovercourt and Crescent Gardens in Frinton.

Clacton Seafront Gardens won its first Green Flag in 2009, with Frinton's Crescent Gardens joining its ranks the following year, while Cliff Park was first awarded the flag in 2016.

Weeley Crematorium's grounds first received a Green Flag in 2013, this year the Judges described Weeley Crematorium as "a site Tendring can be very proud of". Green Flags assess not only the visual aspects of a site, such as its beauty, horticulture, and cleanliness, but also the community's involvement, access, and management, which are a sign of quality.

GRANTS ARE AVAILABLE UP TO A SUM OF £5000 TO HELP BOOST BUSINESSES WITH COVID RECOVERY

Phase three of Tendring District Council's (TDC) Business Adaptations Grants scheme has launched, offering again the funding to firms within the local area. Grants of up to £5,000 are available for Tendring businesses to help them recover from the Covid-19 pandemic.

Funds are available to help pay for changes to practices. The money could be used for things such as developing a website, processing contactless payments, or moving newer start-ups out of homeowner's properties into purpose-built spaces. Previous applicants can re-apply for further funds, and as with the previous phases the funding can also support physical changes such as screens to protect staff and customers.

There is plenty of support and advice from organisations such as BEST Growth Hub and Colbea – funded by TDC – to help navigate grant applications and apply for anything that is eligible.

Any independent, Tendring-based business can apply for a grant of up to £5,000, which includes purchases made since 1 June 2021, which can be back-funded. National chains and charities are not eligible, and businesses must have been trading since November 2020.

The funding comes from Essex County Council and is administered by TDC. For further information and to apply visit www.tendringdc.gov.uk/BAG.

The deadline for applications is 15 December 2021.

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ACTIVITIES AT LEISURE CENTRES FOR THOSE WITH HEALTH CONDITIONS

People suffering with Long Covid, heart disease and other long-term health conditions may qualify for referral onto a newly expanded scheme at Tendring Leisure Centres.

Running as a 48-week pilot initiative Back to Health will cost £30,000, funded from TDC's Back to Business programme; a series of schemes designed to help the area recover and come back stronger both physically and economically from the Covid-19 pandemic. Tendring District Council (TDC) is launching the Back to Health initiative in a bid to improve the well-being of residents in the area. The initiative is part of the existing GP Referral Scheme and is fully supported by partners in the health service.

In my recent press release I stated, "We want to improve the health of people with both mental and physical long-term conditions; this will not only give them a better quality of life, but also reduce the impact and pressure on our health services".

Under the scheme those with qualifying health conditions may be referred by a health professional to either instructor-led gym sessions, or the Back to Health Fitness Class at the council's three leisure centres in Clacton, Dovercourt and Walton. The cost to participants will be £2.80 per activity.

Conditions which will qualify people for referral include heart disease, hypertension, obesity, stroke, diabetes, COPD, severe asthma, Long Covid, mental health, some musculoskeletal conditions and cancer rehabilitation.

WINNERS ANNOUNCED IN FIFTH TENDRING YOUTH AWARDS

Young people who show enthusiasm, determination and passion for their community were celebrated at the fifth year of the Tendring Youth Awards in Clacton's Princes Theatre on Tuesday 19th October.

More information is available on TDC's website

<https://www.tendringdc.gov.uk/community/young-people/tendring-youth-awards>

Many thanks

Lynda

Cllr. Lynda McWilliams

Ward Councillor to the Parishes of Great Bentley, Little Bentley and Frating and the Cabinet Member with the portfolio for Partnerships.