

Great Bentley Parish News

**Produced by the Community
for the Community**



September 2021

Village Information

St Mary's Church

VICAR:

Rev Sharon Miles
The Vicarage, The Bury, St Osyth,
CO16 8NY 01255 822055

CHURCHWARDENS:

Wendy Smith
Burnside, The Green - 01206 250098

Mandy Miles
7 Finch Drive - 01206 251382

TREASURER:

Annabel Stearn
01206 251518
email: wylieandsinger@talk21.com

CHURCH VERGER:

Rita Baverstock
Stonybroke, Station Road - 01206 251271

READER:

Wendy King
17 Larkfield Road - 01206 250852

PCC SECRETARY:

Claire Pearson
36 De Vere Estate - 01206 256433
email: gbpcsecretary@gmail.com

STEWARDSHIP SECRETARY:

Rosemary Branch
4 Wents Close - 01206 250137

TOWER CAPTAIN:

Roger Carey-Smith - 01206 250521

SUNDAY CLUB:

Linda Hayes
Ivy Lodge, Frating - 01206 250207

WEDDING COORDINATOR

Helen Brown 07969 484 504

ST MARY'S PARISH HALL BOOKING SECRETARY:

For information please ring
Wendy Smith - 01206 250098

PARISH MAGAZINE EDITOR/ADVERTISING/ DISTRIBUTOR:

Mary Maskell, Caldew Cottage, The Green
01206 250524
marymaskell@sys3internet.net

Carole Allington
carole@pncallington.co.uk

ST MARY'S FACEBOOK PAGE

St Mary's Church, Great Bentley.

METHODIST MINISTER

Rev Crawford Logan 37 Southcliff Park, Clacton on Sea,
CO15 6HH - 01255 423640

DOCTOR'S SURGERY:

Drs F. Bhatti, R.S. O'Reilly, A. Nambi, and G. Pontikis.
The Hollies, The Green - 01206 250691

CHIROPODIST:

Terry St George - 01255 820885: Mobile: 07775 833200

POLICE:

Clacton 0300 333 4444

24 hour Non emergency number 101

In an emergency ring 999

PC Rob Willmot - Tel: 101 extension 440356

PCSO Julia Brandon - Tel: 101 extension 440222

Julia.brandon@essex.pnn.police.uk

PARISH COUNCIL:

Chairman - Pippa Dennitts, Cedarwood, Moors Close.
Great Bentley, CO7 8QN. Telephone 07848 872018

Clerk to the Council - Denise Humphris

Correspondence to: The Clerk, Community Resource Centre,
Village Hall, Plough Road, Great Bentley, CO7 8LD
Telephone - 01206 256410

TENDRING DISTRICT COUNCILLOR:

Lynda McWilliams, Boblyn, St Mary's Road, Aingers Green,
Great Bentley, Colchester, CO7 8NN -
01206 250732: Mobile: 07564 613603.
email: cllr.lmcwilliams@tendringdc.gov.uk

COUNTY COUNCIL REPRESENTATIVE:

Alan Goggin, Freshfields, Church Road,
Brightlingsea, CO7 OQT 01206 308023 Mobile: 07860 519117
email: egog@btinternet.com

GOOD NEIGHBOURS TRANSPORT:

Rita Baverstock - 01206 251271

NEIGHBOURHOOD WATCH:

Richard Nowak - 01206 250204

MEDICAL AIDS:

Richard Nowak - 01206 250204

TENDRING FURNITURE SCHEME:

Rocket House, Gorse Lane Industrial Estate, Clacton:
01255 476068

VILLAGE HALL BOOKINGS:

email: bookings@greatbentleyvillagehall.co.uk
07494 234049

METHODIST HALL BOOKINGS:

Robert & Janet Taylor, Dominica, Moors Close - 01206 250087

GT BENTLEY PRIMARY SCHOOL: - 01206 250331

COLNE COMMUNITY SCHOOL: - 01206 303511

VILLAGE HISTORY RECORDER:

Heather Taylor, Granville, Plough Road - 01206 251004

COLCHESTER HOSPITALS: 01206 747474

CLACTON & DISTRICT HOSPITAL: 01255 201717

FOOTPATH REP: David Gollifer 01206 250309

VILLAGE TRANSPORT REP: Peter Harry - 01206 250511

VILLAGE CARETAKER:

Bobby McWilliams, Boblyn, St Mary's Rd, Aingers Green
01206 250732

WHEELCHAIR LOANS:

2 Alan Bayliss, 01206 250450.

EDITORIAL

I think it would be good to start on a positive note moving forward with life in the village. So many events cancelled again this year so lets hope that in 2022 we can resume favourites like the Carnival, Village Show and of course we can also add the Queen's Platinum Jubilee and celebrate 250 years of cricket on the green. These events will of course be dependent on committees and volunteers so when the plea goes out for help please put your name forward. I think we may be able to resume a small monthly diary so please let us have any information on Clubs and Societies for the October edition. Photograph categories are included for next year's Village Show so get practising your entries. See page 23.

It was so good to be able to attend the Parish Council meeting in person in the large village hall, so much better than zoom meetings. A representative from the Education Authority was in attendance giving a presentation on how the school might cope with the extra number of children expected with all of the new builds underway in Great Bentley and its surrounding catchment area. The letter to the Editor from Alison Clarke re acquiring a response from those in Government backs my fear that little is being done or even seriously considered with any great urgency. Strange how once plans were being submitted for housing all villagers were asking the same two questions; how will the village school cope and also the Doctors surgery. Shame the powers that be have not proceeded to move forward at speed.

It was lovely to see some representatives from our Speedwatch Team out on the green recently. They would be so pleased to hear from you if you would like to join them and this would hopefully help to slow down some of the speeding motorists. Information available on page 10.

Help is also requested by the school to help with various tasks throughout the year. Do consider volunteering. We have a lovely article this month on the Wildlife Garden recently constructed and a special thank you to Lynn Giles who masterminded and executed this project. The front cover illustrates just how lovely it all looks.

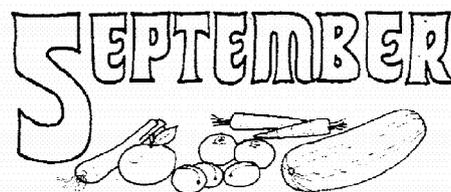
We finalise the last excerpt of 200 years of sport on the village green. Do hope you have enjoyed reading it. It has been lovely to watch the cricket and football matches resume.

Lots going on the first weekend in September with a welcome day at St Mary's, Methodist Flower Festival, and a charity fundraiser at the Plough.

The harvest is still underway with rain stopping play for a bit. It must be rather late this year but hopefully successful.

We wish good luck to all children starting or returning to a new school or college and to those setting off to University.

Mary Maskell



2021

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Front Cover

Wildlife Garden at
Great Bentley School
See pages 30/31/32

DISCLAIMER

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THE MONTHLY LETTERS - SEPTEMBER

A good sign that we are getting closer to whatever normal life is, is when significant services like Baptisms and Weddings start to happen, and our groups start meeting again

It is great to be restarting our daytime groups in the hall, so do please come and join us for bible study on the 2nd and 4th Tuesday mornings, where we will be looking at the readings for the coming weeks.

Also Knit and Natter on the 4th Sunday in the afternoon, whatever handiwork you enjoy why not bring it with you and work on it in the company of others. Knitting, crochet, embroidery whatever you craft – everyone is welcome to bring along their work and enjoy a cuppa and a chat with others while being creative. I hope to see you at some of the above.

Every Blessing
Sharon

**Rev'd Sharon will be in church on Friday mornings from
10am to 12 noon for enquiries, including baptisms.**

Dear Friends,

I've been thinking recently about fried chicken. This isn't because I used to live in Mississippi and grew to love this staple food of the Deep South (though it remains the case that I do have a rather deep affection for barbecue sauce-coated chicken wings). Rather, it's because I've been listening to the band Queen. Those that know Queen's catalogue of songs will be aware that the song 'One Vision' ends rather intriguingly, enigmatically or mysteriously (depending on your point of view) with the line, "Just gimme, gimme, gimme, gimme... fried chicken!"

What, you might well ask, has fried chicken got to do with having a vision? Well, on the face of it certainly, nothing! Freddie Mercury, according to those in the know, apparently added in the lyric for fun during a recording session and it stuck. The rest of the song is very much about having a vision. While the finished production was a shared effort from the whole band, the origins of the song came from drummer Roger Taylor, who is on record as saying that his inspiration for the song's theme was Martin Luther King Jr and his "I have a dream" speech, with its vision of a shared future for humanity.

As our various churches continue to emerge from the pandemic (which most certainly isn't over just yet), we will need to work and pray together to seek our shared vision for the Church. This will need to be a vision rooted in Our Calling: one that recognises the role that worship, learning and caring, service, and evangelism all play in our life as the people called Methodists in this place called Tendring. Personally, I'm excited by the possibilities that exist – I wouldn't have asked to stay for 5 more years if I wasn't! Yet, if we're going to choose the right possibilities then we need to come together to seek the vision that God is giving us.

That's why I think Martin Luther King's speech so many years ago still inspires, just as it did Roger Taylor – it is a Godly vision that wasn't just King's dream but a vision of God's Kingdom that people discerned together. Of course, to discern together, we need to share time together. One of the things that is notable about the Gospels is how much time Jesus spends with other people. So, as Covid risks reduce, we're going to have to look for opportunities to spend time together, asking challenging questions and prayerfully seeking God's imaginative answers to those questions.

When I lived in Mississippi, such gatherings, whether the rugby club, the student government, an end-of-course revision session, or as part of a Church, always included food, just as they so often did with Jesus in the Gospels – so much so he is accused of being a glutton and a drunk. I'm off on holiday for the next couple of weeks, spending time with family and friends back home in Somerset, but when I get back I look forward to looking for opportunities where we can gather together and seek God's vision together. Hopefully those opportunities will include the opportunity to share food together too – and if some fried chicken is involved then I'll certainly consider that an extra special bonus...

Shalom, Tom



**GREAT BENTLEY
METHODIST
CHURCH NEWS**

ST MARY'S SERVICES

Greetings to you all

We welcome you to worship at Church or on Zoom with us during September. Those wishing to, can still share with us on Zoom to see and hear the service in Church. If you would like to come along or join by Zoom, please ring 01206 250087 or 234241 so that we can make arrangements for numbers.

Morning worship will be held at **10.30am** unless otherwise stated.

The leaders of worship are set out below: -

**Sept 5th Rev Tom Osborne Communion
Annual Church Meeting after the service
Flower Festival Weekend**

Sept 12th John Alison Harvest Festival

Sept 19th David Bavister

Sept 26th Local Leaders

As notified in last month's Magazine our Flower Festival is to be on the first weekend of September the 4th & 5th. If any individuals or groups would like to share in the Festival by putting in a Flower arrangement please ring Jackie on 01206 250717.

Messy Church, Luncheon Club and Adventurers are hoping to reopen in September watch out for details.

Parent & Toddlers have started again, although in a very modified form.

Each week the following events are normally held at our Church.

Ring these numbers for more information.

Messy Church once a month after school 250087

Luncheon Club Alternate Tuesdays 12 Noon 234241

Parent & Toddlers Group Thursdays 9-15 a.m.
251537

The Adventurers Club. Fridays 7 p.m. Ring 250087



Sun 5th September 9.30am Holy Communion & Sunday Club
James 2.1-10: Mark 7.24-end:

Sun 12th September 9.30am Holy Communion
James 3. 1-12: Mark 8. 27-end:

Sun 19th September 9.30am Holy Communion & Sunday Club
James 3. 13-4.3, 7-8a: Mark 9.3-37:

Sun 26th September 8.00am Holy Communion
9.30am Holy Communion
James 5. 13-end: Mark 9.38-end:

PCC Meeting Thursday 23rd September at 7.30pm in St Mary's Church

ROTAS FOR ST MARY'S CHURCH FOR SEPTEMBER

Reading Rotas

5th Mandy Miles
12th Rosemary Branch
19th Annabel Stearn
26th Hannah Justice

Prayer Rota

5th Carol Kerridge
12th David Branch
19th Wendy King
26th Nicky Justice

Cleaning Rota

4th Edna Black
11th Jennie Moss
18th Bev Adams
25th Wendy King



FOOD BANK

The container for the food bank is at the back of the Church.

Food required please:

Tinned vegetables: Tinned potatoes: Tinned tomatoes
Rice (not pasta): Tinned fruit: Tinned custard and rice.
Biscuits, cereals: coffee, sugar: All toiletries:
Washing liquid/ powder/ washing up liquid etc:
Toilet rolls: Kitchen rolls: Dog and cat food:



THANK YOU

Baptism

11th July Oliver Bovingdon

Weddings

2nd June Alistair Blake & Charlotte Mayhew
12th June Adam Hanbury & Charlotte Thompson
26th June Alan Burton & Abigail Robinson
13th August Stephen Rampton & Clare Bovingdon
20th August Lee Franklin & Zoe Kerridge

Funerals

23rd August Hilary Harris
24th August Richard Morton

St. Mary's Church Facebook Page

St. Mary's Church now has a new facebook page!

Here we will be posting news of upcoming services, as well as any forthcoming events or fundraising. Please like and follow the page to keep up to date with our news, the page name is 'St. Mary's Church Great Bentley'.

The Facebook logo is displayed in white text on a dark grey rectangular background.

THE BIG PINK PARTY

(in aid of
www.breastcancer.org.uk)

THE PLOUGH Great Bentley

4th September

Dress code -PINK

4.30 pm - Kids games, stalls, face painter, pinkest child prize.

7 pm – Karaoke, Buffet, pinkest person prize! Amazing Raffle!

Tickets £15.00 per adult

Call Trisha
07842835232 / PayPal.me/
BigPinkParty

(including names and telephone number)



Thank You

I recently had the pleasure of getting in touch with Louise to let her know I had a large bag full of beautifully knitted blankets ready for her to collect and on this occasion cat food, cat litter and trays along with other items which were given to me by a friend following the loss of her beloved cat. Louise can never arrange a definite day or time as she and her helpers are out rescuing, trapping and arranging fostering and home visits and trips to the vet seven days a week. When she comes it is always good to see her but sometimes it can be late evening when I'm thinking of going to bed and there is Louise and her driver off to check a trap when we say our goodbyes! However it was in daylight hours when the sun was shining that I received a text to say they were nearby and able to call by if it was convenient. As is always the case there are oohs and aahs when I hand over the products of my wonderful 'ladies who knit' they are so grateful and appreciative and ask me to pass on a huge thank you. In the brief time they were here I did ask the inevitable question of "how are things" and as I expected the plight of cats and kittens continues to be a cause for concern which saddens me greatly BUT there are happy endings and I saw evidence of the "befores and afters" in photos and film on Louise's phone, they made me cry and then smile. I firmly believe that if we do our own little bit in our own little corner we can and do make a difference so we must never lose heart.

Thank you for caring.

Judy Bishop



Great Bentley History Society

With regret, all the meetings scheduled for the remainder of this year have been cancelled. We have been unable to find out when the Village Hall Covid restrictions will be lifted and it is unfair to speakers if they have to be cancelled at short notice as has recently happened.

Looking to the future, Frances has created a really good programme for next year when we hope that the Hall will be operating normally.



1st Great Bentley Scout Group are delighted to announce that we have been accepted to be among the first Scout Groups in the Country to be opening a Squirrel Scout Drey following its official launch in September 2021. Squirrel Scouts are a brand-new early years Scouting section aimed at 4 to 6 year olds, meaning that the village now has Scouting for young people from the age of four all the way up to eighteen, as below.

Squirrel Scouts: 4 to 6 years of age

Beaver Scouts: 6 to 8 years of age

Cub Scouts: 8 to 10½ years of age

Scouts: 10½ to 14 years of age

Explorer Scouts: 14 to 18 years of age

This past year and a half has been difficult for us all, but we are delighted to have continued to offer the opportunity of Scouting to the village, be that with certain restrictions in place. This has unfortunately meant that we have had longer than normal waiting lists, however as we emerge from this pandemic we look forward to returning to more normality. This being said, the members have still been able to enjoy virtual camps, day activities and hiking expeditions in the local area. We now look forward to offering overnight camps and activities.

If you have an interest in Squirrel Scouts or any other section within the Group, please contact our Group Scout Leader, Jan Bovingdon, on greatbentleygroup@live.co.uk to express your interest.

In order to provide Scouting to the youth of the village we also require adult volunteers within the Group, be that as full Leaders down to occasional helpers. We also have space for Young Leaders, who are young adults between the age of 14 to 18 years of age. If you have any interest in volunteering within the Group, please also contact our Group Scout Leader, Jan Bovingdon, on greatbentleygroup@live.co.uk to express your interest.

Are you going to be booking your wedding at St Mary's church?

If so, your first point of contact is our new Wedding Coordinator,
Helen Brown

Mobile Number
07969 484 504



GREAT BROMLEY

ANTIQUES & COLLECTORS FAIR

Sunday 19th September & 21st November

9 am – 3 pm

at Great Bromley Village Hall, Great Bromley, CO7 7JA

ENTRY - £1. (Before 9.30am £2) No Concessions.

Hot Food and Drinks available.

E Mail nigel@garden-shows.com 07802 282193

Covid 19 Restrictions- Depending on Regulations

Table Bookings only in Advance.

NEWS FROM THE OAKS



Hello there!

We hope you've got your cuppa ready and you are sitting comfortably, we have been waiting to tell you all of our recent, exciting news.

We have a donkey!!! Well not in our home or garden, of course we would love to have one but we have adopted a handsome yet cheeky chap named Oscar from the donkey sanctuary. It's an amazing charity and we get to see him on the, what's it called... webcam? It's amazing!

We've also been busy baking of course but we have mixed it up a little and showed you all our delicious dog biscuits with our own business name being 'The Barkery at The Oaks' These went down a treat... get it! Ha ha! (We nearly spilt our coffee with that joke) anyway, so much so we will be back in the kitchen in a couple of weeks making some more and we want to thank each and everyone of you who bought these biscuits. It feels lovely to be a part of such a lovely community. Thank you.

Oh yes and the chair yoga continues, we are getting the hang of it even more and it's so much fun and to top it off we feel amazing when doing it.

There is so much we want to tell you all as we continue to sing our hearts out, dance, tell stories, oh and play the 'don't lick your lips' doughnut game (that was fun!) but we would need the space of the whole magazine to tell you all.

Anyway we had best get on as our coffee is getting cold and they are now giving out some scrumptious biscuits and that is something not to be missed.

We hope to see you all soon.

With Love from
All at The Oaks
xx

CLACTON CHORAL SOCIETY

Clacton Choral Society is pleased to announce Peter Dyson has been appointed their Musical Director.

Peter is a Graduate of the Advanced Conducting Course at the Royal Academy of Music and elected an Associate in the year 2000.

Peter has a wide experience with different orchestras and choirs at home and abroad, including the BBC Singers, and is the founder and Musical Director of the Belmont Ensemble of London.

Under Peter's baton Clacton Choral Society begin the new season of rehearsals and concerts on Monday 6th September, at St James' Church Hall, Clacton, commencing at 7.15pm until 9.30pm, with a coffee break.

Enquiries to June Fieldsend, secretary, at june.fieldsend@googlemail.com

DEADLINE FOR OCTOBER MAGAZINE

WEDNESDAY 15th SEPTEMBER

Material to Mary Maskell, Caldew Cottage, The Green, 250524 **AND**
Carole Allington, Poplar House, Station Road, 251086.

Please mark all material - "Parish Magazine"

email: carole@pncallington.co.uk **AND** marymaskell@sys3internet.net

IMPORTANT - PLEASE SEND ALL INFORMATION TO BOTH OF US

Great Bentley Website: www.greatbentleyparishcouncil.co.uk

GREAT BENTLEY PRIMARY SCHOOL RECYCLE SCHEME

We currently take:

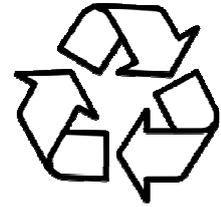
Crisps and multi pack packaging
Cakes, biscuits and crackers wrappers
Sweets and chocolate wrappers
Pringles tubes, lids and foil seal (no other brand)

We don't take

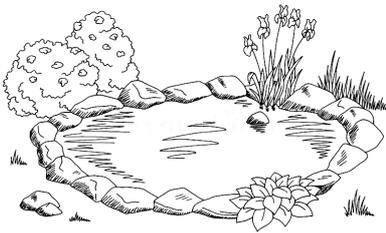
stretchy plastic such as bread bags etc
cheese wrappers
toiletries
pet food pouches

If you could help by sorting the wrappers first this would be amazing especially with COVID current restrictions this would go some way to safeguarding the spread.

BINS CAN BE FOUND AT THE FRONT OF THE SCHOOL



St. Mary's Church Wildlife Garden and Pond



During the past 18 months I have been surprised how just a small pond and variety of wild and cultivated plants and bushes have attracted a variety of wildlife from the smallest insect to hedgehogs and birds. I wrote about only seeing a few butterflies and bees but how that has changed when we had a bright spell and as a bonus, lots of dragonflies. Visitors to the Church may not be aware the boundary of the Church is a "corridor" for wildlife so there is a safe haven to move from one area to another and some areas have been left to look "scruffy" and overgrown deliberately.

Inspired by a series of Lent lectures on Protecting Nature, Caring For God's Earth is what started me on the quest to attract and help more butterflies and bees. I picked up a leaflet in the break from A Rocha UK an Eco Church Award scheme on how we look after our Church and surrounding areas. It has three levels Bronze, Silver and Gold, I have permission to fill in a survey for the awards scheme and it will be interesting to see how Eco we are. If you would like to know more about it go to ecochurch.arocha.org.uk. Please take a stroll round our churchyard and enjoy the tranquil surroundings, you never know what wildlife you might see.
Mandy

WELCOME



New residents to 9 Rowan Close

Helen, Andy and their daughters
Martha, Gwen, Connie and Raynor to
Weeley Road, Aingers Green and
new residents to Sunnyside, New Cut

FOR SALE

2019 Reg 49cc Scooter. 1200 Miles only.
Offers around £800 will secure. Plus extras.

Contact Bill Ewers on 07899957175



KNIT & NATTER

Hello everyone,

Knit and natter, is restarting hooray!!

Bring your knitting, crochet, needlework or just yourselves for a natter. No charge and refreshments included.

Tom Daley the Olympic diver and my uncle can knit so don't be shy we welcome anyone.

Tuesday 28th September 2021 at 2- 3.30pm in the Church hall behind the main Church.

For more information phone
Mandy 01206 251382



Wildlives

Wildlife Rescue and Rehabilitation Centre

'Catkins', Frating Road, Thorrington, Colchester CO7 8HT

www.wildlives.org.uk

Opening hours: n/a 07802 767016

Outside of Wildlives' hours, please call the RSPCA on 0300 1234 999 or log on to our website for advice on what to do with a sick animal until we are open again in the morning. **See the web site for extra pictures too!**

Rare hobby found collapsed

September 2021

A couple found a collapsed bird of prey, unable to fly, and brought it to Wildlives straight away. It turned out to be a hobby, a rare bird which migrates here in the summer to breed from Southern Africa, India and Southeast Asia. It is estimated there are only 2500 breeding pairs left. A fast and acrobatic flier, one of its staple foods is dragonflies which it catches in flight. On examination he was found to have a wing injury. Since our local bird vet has recently retired he went to a vet in Debenham with the help of Brian and Peter. Astonishingly he was found to have dislocated his shoulder several weeks prior which had now calcified in the wrong position. It is amazing he managed to survive long enough to sustain another, recent, break in his elbow joint. With much deliberation between the vets, ourselves, and Peter Marchant, our bird of prey expert, Peter is keeping it under the auspices of the vet. Given their extreme rarity, if he proves to have a good quality of life and can fly sufficiently to enjoy life in a large flight pen it is hoped the 3 year old male will be able to participate in a captive breeding programme.

Hedgehogs getting help too late

Unusually for this time of year we are receiving a large number of tiny hoglets; normally this is too late for the first litters and earlier than the second litters. Although these tiny hoglets are being brought to Wildlives, many have been left in the garden for several days. Tiny hoglets out in daylight need help **immediately**; if they are lying in the sun it is because they are desperately trying to get warm. Do NOT put them in the shade – put them in a cardboard box with a towel-wrapped hot water bottle and call Wildlives immediately. These little hogs are starving and hypothermic. If they are left in the garden for days they also fall victim to fly strike and will be eaten alive by maggots. Time is of the essence. Many of the ones we have finally received have been too far gone to be saved; if they had been brought in when they were first spotted it would have been a different story. Hedgehogs are critically endangered now in the UK, and every one saved counts. One day when you are reading Mrs. Tiggywinkle to your grandchildren, you may have to tell them that her family no longer lives here, because all of us didn't take the time to help them when we could.

Kestrels in trouble

Two juvenile kestrels were found in a water trough one, last year's male, was already dead; the other was brought to Wildlives cold and saturated. He was placed in intensive care and after a couple of days started to pick up. He recovered his appetite with a vengeance and made a speedy recovery. He put on lots of weight and was released successfully near where found. (Far left, before release and left, on arrival). Another two kestrels were beyond help with severe injuries. Another is still with us, in cage rest with a broken clavicle.

Pigeons caught in high winds

Pigeons are flooding in to Wildlives, with many being hurled out of their nests by the high winds and storms. Every day sees new arrivals, some so small that their eyes are not even open.

HOUSING DEVELOPMENTS IN GREAT BENTLEY

Readers of this magazine will know that I have been trying to correspond with our MP, Sir Bernard Jenkin, since mid-May about the rate of housing development in our village. It has so far been hugely unsuccessful as my final email to his office (printed below) makes clear. I would, however, like to thank Judy Bishop for taking the time in the August magazine to write down her thoughts and concerns and would echo her call for others to add their voices and make clear their concerns. I would therefore suggest an urgent letter writing campaign to Sir Bernard's office to make him aware of the level of worry that we residents have about the scale of housing development in the village and the consequences for all of us that will flow from it.

FINAL EMAIL TO SIR BERNARD'S OFFICE FROM ALISON CLARKE, 29 July 2021

I want to record my disappointment at the lack of response from Sir Bernard's office with regard to my concerns about housing developments in Great Bentley. In my initial email of 13 May, I asked a simple enough question. I wanted to know what Sir Bernard's views were with regard to housing developments in the village and what thoughts/ideas he might have in terms of working together to allow local people to have a say whilst facilitating the building of much-needed homes.

Jonathan Galvin replied on behalf of Sir Bernard on 21 May, saying that he had forwarded my email to the Department of Housing, Communities and Local Government and would be in touch when he had a reply. I am still waiting for that reply, although I have no idea why my email was forwarded to the department given that I wanted Sir Bernard's personal views.

Then on 16 June I received an email from another caseworker, Leah Stanford, who also ignored what I had requested in my email saying this time that Sir Bernard would raise my concerns with the chief executive of Tendring District Council. I have not heard from anyone in his office since then, despite sending another email on 15 July.

I find this hugely disappointing, not to say disrespectful. My only conclusion is that Sir Bernard is not interested in the subject, despite it being one of the top concerns of his constituents. I will be sending this email to the local village magazine for publication, but I don't suppose anyone will care.



Yours
Alison Clarke

HOW TO GET TO KNOW YOUR NEIGHBOURS

In the year 2000 Brightlingsea District Guides (Brightlingsea and Great Bentley) and their leaders went to the Scout Guide Jamboree at Deveraux Farm, Lower Kirby. Jamborees in Essex are held every four years and are ideal for meeting people from all over the world. The whole camp site is divided into sub camps. This year our sub camp was Sirius. In turn this is divided into various Scout Guide camps.

On the day of our arrival we pitched camp, ate our packed lunch and had a break. We then started on our evening meal. By this time the site next to ours was still empty and the Guides were curious to know who would be next door. In the meantime one of our leaders had been to the sub camp office and had been told that the Gibraltar scouts were going to be our neighbours. They would be arriving the next day. We didn't tell the guides and they were surprised the next morning to see tents up on the next site.

There were only three tents, two of which had an ape (soft toy) hanging outside. The guides were very keen to get to know our neighbours and asked us to help them. We leaders and some of the older guides had a discussion and decided that the best way was to become kidnapers.

When the Gibaltans left the site the older guides "kidnapped" the apes and left a ransom note which said.

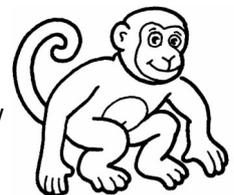
"TEA AND CAKES FOR 24 AND THE APES WILL BE RETURNED".

The scouts were very upset at the loss of their apes and the scout leaders came to see us. We explained that the guides wanted to get to know the scouts. The leaders were very understanding but apparently the ransom note had blown away. We explained what the note said and arranged a tea party. We supplied the tables and benches and also the plastic cups. The Scouters and Scouts organised the food.

The event was a great success and friendships started which went on for many years. More about getting to know the neighbours next month.

Barbara Fookes

P.S. Please don't resort to kidnapping and ransom notes to get to know your new neighbours. A visit with a cake and some flowers is the best idea.
KIDNAPPING APES IS ONLY FOR JAMBOREES.



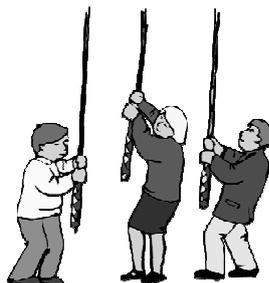
BELLRINGING NOTES

What a change for us Bell Ringers! Suddenly being able to meet and ring the church bells again has been a joy for us, however it has posed many challenges. Firstly, we have had to almost re-learn our 'rope handling' and then re-learn how to listen to the striking of the bells so as to make them sound great again.

Many of us have had to concentrate on our fitness, because although church bell ringing does not require muscular strength, it does require us to stand and concentrate for a short amount of time.

Although when ringing we are still subject to sensible precautions such as wearing a mask and observing excellent hand hygiene, we feel it is now safe to teach again and have welcomed back our more recent members.

So if you are interested in learning this ancient art or would like to take up a new hobby, make new friends and help to ensure the continuation of church bell ringing in England, please contact me so that I can arrange for you to attend our ringing practice sessions.



Roger Carey-Smith
07422 880921

Great Bentley Community Speed Watch

As some of you may well be aware we have not been seen out recently as one of our valuable members of the team is now no longer with us, so I am appealing to anyone who is willing to help and become a speed watch volunteer (min age of 18 years) to contact me.

We have no regular meeting times or days so as not to be too predictable but once a month is not unusual.

Any newcomers will be trained by the Essex Police within Government guidelines in the matter of COVID-19, on how to display the signage, handle the speed gun, record speeding car registration plates, and then forward the report. Plus, a free hi-vis wow!

Yours
Len Clayden
len_clayden2@yahoo.co.uk

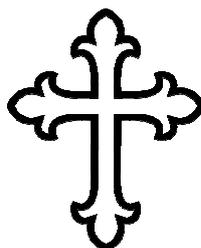


COLIN LEGG

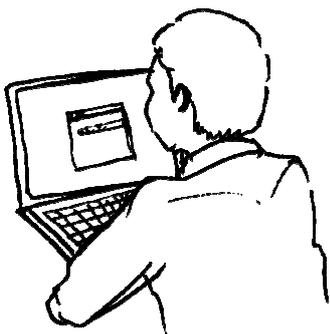
Roni thanks you all for your heartfelt prayers, cards, flowers and consoling words of comfort following Colin's passing. Thank you to everyone who attend the celebration of his life on 12 August at St Andrew's Church, Alresford. Special thanks to Mary Maskell, Annabel Stearn, Alison Clarke and Richard Willan for all the practical help they generously gave during some of the darkest days of my life. Colin fought his horrible illness so bravely and is now free from pain and in the arms of our Lord. If anyone would like to make a donation this can be done on line

<https://colinlegg.muchloved.com/>

'Cancer Research UK'
(specifically rare cancers)



HELP REQUIRED WITH THE MAGAZINE



As few Clubs and Societies have restarted and most events have been cancelled, we miss hearing from you all.
SO PLEASE COULD YOU SEND ME SOME ARTICLES TO HELP KEEP THE MAGAZINE FULL?
THANK YOU, Ed.



PET NOTES



I'd like to take this opportunity to express my gratitude for the overwhelming response I have received since announcing my practice, Weeley Veterinary Centre, last month. I was honestly blown away by everyone's kindness. Thank you so very much. I look forward to seeing lots of you when I open early next year. If you haven't already, you can like and follow my facebook page to receive updates:
www.facebook.com/weeleyvetcentre

This month I'm going to shatter the illusion that my job is glamorous and admit I spend a significant amount of time with my index finger inside a bottom. Rectal exams can form a useful part of a physical exam but, more often than not, I am checking a dog or cat's anal sacs (commonly known as "anal glands"). Anal sacs can cause our pets a lot of bother when they fill up and fail to empty themselves. In all my years as a vet I have had several pet owners ask me to teach them how to empty the sacs in order to do it themselves. Following the tutorial, *only one* decided they wanted to; the rest preferred to leave this smelly job to me.

Here is my brief guide to anal sacs:

What, where and why?

The anal sacs are two small pouches located on either side of the anus, at the 4 and 8 o'clock positions. The walls are lined with sweat glands that produce a foul smelling fluid. During a bowel movement the contraction of muscle causes fluid stored in the sacs to be released through small ducts just inside the anus. The chemicals within the secretion act as territorial markers.

How do I know my dog (or less commonly cat) has an anal sac problem?

These are the most common symptoms:

- A fishy smell
- "Scooting"/rubbing their bottom along the floor
- Chewing their lower back/thighs/tail base – just desperately trying to get to their itchy bottom!
- Red skin overlying the sacs +/- an obvious swelling

Some dogs I diagnose with anal sac disease do not display these classic symptoms. Sometimes they have an usual hindlimb gait, are "just not right" or have no symptoms at all until an abscess forms and ruptures through the skin.

What anal sac problems exist and how are they treated?

By far the most common problem is anal sac impaction which is when the duct becomes blocked (usually due to inflammation). The fluid within the sacs is an ideal medium for bacterial growth, hence secondary abscesses are common. Treatment involves emptying the sac with a gentle finger, anti-inflammatories, pain relief and antibiotics when an infection is present. The most severe cases may require treatment under a general anaesthetic to "flush" the anal sacs and instil treatment directly into the sacs. There are also supplements designed to bulk out the faeces and reduce the risk of recurrence. Your vet may also recommend regular check-ups/expression of the sacs. In the most severe cases, your vet may recommend surgical removal of the sacs.

Less common but worth noting is that anal sacs can be affected by cancer. If you have any concerns regarding your pet's bottom, please ask your vet for an appointment.

Dr April Young MRCVS

TAKEN FROM 200 YEARS OF SPORT ON GREAT BENTLEY GREEN 1771-1971 by CARL MORTON

The First One Hundred Years

The following year it was proposed to arrange two or three matches in which only 'those living in the village should play, the best from the Green and Victory Clubs to be taken'. This proposal was not carried but it was agreed that they should pay £2 and £1 respectively to keep the ground in order. Amalgamating in 1903 when an invitation to join the Colchester and District League was accepted, they played against Culver Street, Frinton, Wivenhoe, Mersea, Abbeygate, Britannia Works and Royal Engineers. The registration fee of 6d. per player was considered too much, so the following season they joined the newly formed Tendring Hundred League at a fee of 3d. The other founder members were Clacton, Walton, Thorpe, Frinton and Brightlingsea.

It will have been seen from the 1845 incident and others that to the 'rude forefathers of the village green', cricket was not only a game but a serious business, so it was that in 1912 they became involved in a series of 'legal' battles in The League. A team known as Millfields complained that after Great Bentley had scored 77 and they had got 70 with their last two men in, 'one of them hit the ball, 4 runs were scored and the fifth was also completed with Smithers well within his crease, when the wicket-keeper knocked off the bails and the Bentley umpire gave Smithers out on the absurd plea that his bat was not inside the crease although his body was'.

Many meetings discussed the problem with the villagers adamant that the Umpire's decision was not only final but correct and eventually they took the points. Shortly afterwards 'the captain of the Brightlingsea team refused to allow Cyril Lord of the Great Bentley team to bat, on the grounds that he was more than two minutes coming in. We claim the match on the first innings since the second, by their act, was not completed'. So wrote the Bentley Secretary to The League Headquarters. Again they won their point, but these 'club-room lawyers' lost the last battle on the field of play, when Millfields won the League!

At the Annual General Meeting in 1913 a new Constitution was drafted, the first item being 'that the Club be called The Great Bentley Cricket Club'. On the outbreak of the First World War, the military billeted in the village were made honorary members, but activities nearly ceased until 1919 when it was proposed a few fixtures should be arranged if possible and that the hut on wheels which had replaced the scoring tent previously used should be repaired and painted at a cost of £3.

The Tendring League re-formed, consisting of Great Bentley, Brightlingsea, Frinton and St. Paul's (Clacton) until it folded in 1925. Pitches were rough after the war and in one match on the Old Road ground at Clacton, four Great Bentley batsmen were quite seriously hurt. When the subject of a conveyance to Clacton arose the following season one wag suggested an ambulance!

In the late 1920's the Club reached a high peak in playing strength, fielding four teams each week, one on Thursday, and 1st XI and 2nd XI and Junior teams on Saturday. Competition for places in the first Eleven was fierce and members turned in some good performances in consequence.

Before passing on to more recent history, we must take a look at what had been happening on other parts of the Green. About 1890 a nine-hole golf course was laid out on the North side, with a Clubhouse standing on the site now occupied by the Post Office. The golfers, as a Club, paid the cricketers an annual subscription of 10/6 until 1907, when they seem to have disbanded. The Football Club, formed in 1895, with Headquarters at the Plough Inn has gone on from strength to strength, having its own well-equipped changing rooms on the Green near the two pitches. One of the founders Jim Taylor, is still a member today. Tennis courts have been laid out from time to time but have never proved really popular, while hockey flourished for a few years on a pitch in front of the Hall Farm, until it too, lost its followers. Quoit beds sited near our pavilion have disappeared but maybe all these sports will come back and flourish again as has the horse, not in races as of yore, but in its modern counterpart, the gymkhana.

Returning to cricket, we come to the sequel to the unfinished match of 1845, when Great Bentley promised Bures their innings 'in a hundred years time'. Now it is not unusual for village teams to be a little tardy in turning up for games, and so it was that Great Bentley men arrived at Bures on June 22nd 1957 to honour their pledge - just twelve years late! This was due to the fact that petrol and food rationing after the 1939-45 war had made the arranging of distant matches a matter of difficulty. To us now, it seems incredible that less than twenty years ago, the allocation of food-stuffs to this Club for 1952 was 1¾ lbs. Tea, 4¼ lbs. Margarine 5 lbs. Sugar for nine home matches to cater for 22 players and six officials.

In inviting the Bentley Club to complete the game, the men of Bures insisted that it should be as nearly as possible under the same conditions as those applying 112 years earlier. Great Bentley agreed and arrived at the ground in a wagonette drawn by two Suffolk Punches and attired in top hats, white shorts frilled at neck and cuffs, white drain pipe trousers and black shoes. Many spectators wore Victorian costumes, in fact the only concession to modern times were the TV cameras recording the scene.



Mick Allington, the Bentley captain, formally declared at 311 for nine, and Bures went in to bat. Despite the handicap of having to bowl underarm the visitors were confident their total was more than enough to win the match, but a steady drizzle had made conditions treacherous underfoot for the fielders, leading to dropped catches and many boundaries being given away. In the event history repeated itself. For Bures, opener Harry Morton scored 54 after losing two of his partners but it was an innings of 124 by Dennis Hume that turned the scales to bring victory near. With the scores almost level and only five wickets down the match looked over, but Philip Nevard took a hat trick and the visitors only lost by two wickets. After the game the bails and stumps were burned and the ashes placed in a casket. These ashes are now played for annually by the Clubs - one year home, the next year away - and thus form a direct link with cricket on Great Bentley Green 130 years ago.

In the first chapter we remarked on the fact that no protective clothing was worn by the old time gamesters. Whether pads and gloves first came into use with the advent of over arm bowling, we do not know, but they are not mentioned in our Minute Books until 1898. At this time the necessary implements of the game were referred to as 'tools', then in later years as 'cricket things' or sometimes 'tackle' while more recently members were appointed 'to check over the gear'.

As far as facilities were concerned, they just did not exist in the eighteenth century. Players and spectators stood around or lounged on the grass, while the scorer kept tally cutting notches on a piece of wood. By the early 19th century we had progressed as far as providing a stool and table with a slate or paper on which to keep more detailed scores. In 1871 a 'scoring tent' was hired for home games which was later bought for £1, but early in the 1900's it was felt a more permanent pavilion was needed. As building on the Green was prohibited by law, a wooden hut on wheels was constructed, which served for some fifty years despite the fact that it literally bulged at the seams when rain sent 22 players scampering in. The present pavilion, built in 1958, stands on a site steeped in history for a memorial within its palings records the fact that from that spot three martyrs were taken to be burned at the stake at Colchester in 1557.

As we celebrate the bi-centenary of the Great Bentley Cricket Club on September 5th this year with the Gentlemen of Essex, captained by Gordon Barker, once again doing battle with the Tendring Hundred, as they did so long ago, we may perhaps wonder why this village club has such an unbroken history when most others in the area had such chequered careers. Has the Green some indefinable magnetism, drawing to it all kinds of sportsmen in general, but cricketers in particular, for on a mild morning in the middle of this winter several boys pitched stumps near the square and were soon engaged in a spirited game of cricket - the players of tomorrow preparing to emulate the stalwarts of the past.

A short history such as this cannot hope to do justice to all those stalwarts who carried the Club along - all long serving members and all 'characters' in their own right. Those record breakers of the mid-nineteenth century - Nat Bromley, J. Pertwee, the Almonds and the Cowells; a little later our Tendring Hundred friends, the Wendens, Blyths, Eagles and Clarkes and more recently three of the longest serving members of all time who came together in 1897 and knocked up 162 notches between them. They were Dr Atthill, who was player, captain, chairman, vice president, and present, in succession over a period of 61 years, and who had only five words of advice for any batsman, "Don't fiddle about, hit 'em!", Mr L.G. Newman, who served for 53 years, and 'Uncle' P.Z. Clark, who carried the Club on his broad shoulders, both on and off the field, for 48 years.

The latter was succeeded by his nephew, Philip Nevard, who at the behest of Dr Atthill, took on the captaincy of the Club when apathy had reduced attendance at one AGM to four people. Such was his drive and determination Philip gathered round him one of the finest young teams of recent times and we were saved from extinction.

Those mentioned are but a few of the men who have helped the Club along to its bi-centenary, and they would be the first to acknowledge that the legion who played alongside them deserve an equal honour but the inspiration of their example will always be with the Great Bentley Cricket Club as it chalks up the next one hundred years of 'Cricket, Glorious Cricket' in the saga of sport on the Village Green.

A FEW NOTES FROM YOUR DISTRICT COUNCILLOR

Not too much to report on at the time of writing, but I do hope you were able to go and enjoy The Red Arrows and Battle of Britain Fly Pasts for Clacton's 150th Celebrations.

A REMINDER THAT THE WORLD'S BEST CYCLING TEAMS WILL BE HEADING TO COLCHESTER AND CLACTON FOR 2021 WOMEN'S TOUR

Twelve of the world's top 15 cycling teams will be among those in action at this year's Women's Tour, the UK's most prestigious women's cycle race, from Monday 4th to Saturday 9th October.

Colchester and Clacton will host the penultimate stage of the Women's Tour, which will see the teams race from the historic castle town to the Essex Sunshine Coast on Friday 8th October.

Rescheduled from its traditional June calendar position due to the COVID-19 pandemic, the race will attract an all-star field once again for its seventh edition, with all nine of the top division UCI Women's World Tour teams confirmed to race.

INTEGRATED CARE SYSTEM

In case you are not aware Government Ministers have agreed that there will be no changes to the Integrated Care System (ICS) boundaries in the East of England, which means as a District Tending will continue being part of the Suffolk and North Essex ICS.

Please do not hesitate to contact me if you have any concerns ; I am always very pleased to help and hear from you.

Many thanks

Cllr. Lynda McWilliams

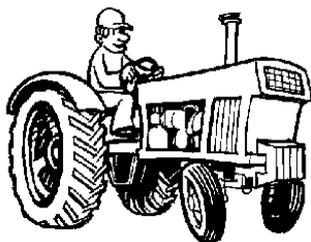
Ward Councillor to the Parishes of Great Bentley, Little Bentley and Frating
and the Cabinet Member with the portfolio for Partnerships.

Email lynda@boblyn.co.uk

cllr.lmcwilliams@tendingdc.gov.uk

Tel. No. 01206 250732

Mobile 07564 613603



FARMING DIARIES

You may have noticed that the gentle purr of the combines has now stopped, and farmers are now getting their land ready for the drilling of the next crop for harvest during summer 2022. This may seem a long way off but plans for the cropping have in many cases, been in place for a number of weeks now. A great deal will happen between now when the new seasons' crops are drilled and when they are harvested. The weather as you know plays a key role in a plant's development and any deviation from usual pattern of weather can have a significant impact on

harvested yields even from such an early stage as drilling in the next couple months. If we have a poor autumn where we still get little rainfall or the opposite farmers could have difficulty drilling crops, they may not be able to apply the crop protection products to suppress and control weeds which would compete against the crop for light, water and nutrient resources. Even if the rest of the year is relatively 'normal' in terms of the weather patterns we would expect to experience the initial set back when the crop was established can have an effect on yields.

Although harvesting of cereal crops is now finished, the harvesting of root crops such as potatoes is still well underway and will continue into October. Locally in Great Bentley a large number of potatoes are grown but they are also grown across the Tending Hundred area so you won't have to travel too far before you see a harvester lifting potatoes from the ground. These potatoes could go to local farm shops, to the supermarkets for the loose or pre-packed market or be sent for processing. In some supermarkets they have the name and the location of the farm on packets of pre-packed potatoes so why not have a look and see which area your potatoes come from. Hopefully they are locally sourced and from the surrounding area.

Sugar beet will begin to be harvested and again like potatoes you won't have to travel too far before you see a field where sugar beet is being lifted. It will continue to be lifted until mid January and be sent to the British Sugar Factory at Bury St Edmunds to be processed into the various 'Silverspoon' branded sugar products you see on the shop shelves.

Vicki Brooks

HERE TODAY, GOON TOMORROW

A book detailing a wartime childhood and early working life, rudely interrupted by two years of National Service has been written by a Suffolk resident.

“Here Today, Goon Tomorrow” is Frank Payne’s personal account of close shaves, interrupted education and the flattened house of his missing best friend, balanced by humorous anecdotes, street parties and sing songs.

A promising career was replaced by square bashing in Cheshire at the behest of a foul mouthed RAF sergeant. Please note profane language may offend some readers.

Frank’s hopes of returning to Civvy Street were dashed with disappointment and disaster, whetting the reader’s appetite for the next instalment to be published at the end of this year.

“Here Today, Goon Tomorrow” is available to order on 07881 785535 at a cost of £5 including a donation to SESAW.



NATURE NOTES

“Seventy Years of Watching & Protection” is the title of a history of the Clacton and St Osyth Birdwatching Society that has recently disbanded. It has been edited and compiled by Thorpe resident, Kevin Marsden, a former chairman, and myself who inherited the archive of its founder, Reg Arthur after his death in 2011. This has proved quite a mammoth task undertaken during the recent Covid restrictions, mining into the reports of club activities through annual reports and other

diaries and notebooks. It also has over fifty pages of illustrations and nicely printed locally by Chris Cowlin of Clacton Printers in Holland-on-Sea.

Reg Arthur, a wartime evacuee with his parents from Seawick, St Osyth, on his return to the village was very drawn to the wildlife, particularly of the coast. Shore-nesting birds such as Little terns, Ringed plovers and Oystercatchers had enjoyed comparative peace during wartime coastal restrictions from seaside visitors. He and a small band of others tried to protect them, particularly at Leewick, St Osyth, that after campaigning became Colne Point nature reserve. This was acquired by Essex Naturalist [now Wildlife] Trust in 1968.

The Society, or Club as it is familiarly known, expanded its activities including bird-ringing that has continued as an important aspect, most notably of coastal migrants. An early fixed Heligoland trap when it had to be moved was donated to Minsmere nature reserve in Suffolk. So far from parochial even from the beginning, the outward-looking club visited other places with wildlife interest such as the Walton backwaters, Abberton reservoir and further afield in East Anglia. A monthly winter indoor programme ran parallel to the year round outdoor events. A local pioneer group starting in 1947, the Essex Birdwatching Society followed in 1949 and Naturalist Trust in 1959. Bradwell and Landguard [Felixstowe] bird observatories also became established and supported by the club. It was affiliated to the RSPB, county wildlife trusts and other national conservation bodies. For over a decade there were successful annual club Birding Breaks to other parts of England and Wales. Among the many memorable pictures there is one from the Farne islands of an Arctic tern perched on the head of a member!

As a local club with a membership rarely exceeding sixty, new volunteers to take over running the organising committee became harder to find so regrettably it was decided to disband in 2019. This book gives a chronological picture of the club’s activities through contemporary, often entertaining excerpts, with a backdrop of wildlife trends and increasing realisation of the importance of nature conservation for the future of all life. As well as enlightening on the nature scene and good places to visit across a wide area, it is a story of decades of human endeavour and determination.

The book has been fully sponsored with all proceeds going to the newly re-established Naze Protection Society. Some public sales outlets are being established but at present most readily obtainable via me for £15 – please e-mail david.r.bain@gmail.com or tel 01255 861342.

DRB

Essex & Herts Air Ambulance – Training Suite Crowdfunding Appeal

Essex & Herts Air Ambulance (EHAAT) are calling upon the people and businesses of Essex and Hertfordshire to support the charity with their first ever Crowdfunding Appeal to raise money to build a new state-of-the-art training simulation suite at their North Weald Airbase for their critical care team.

Dr Naomi Pritchard, one of EHAATs Pre-Hospital Care Consultants explains further, “we are asking the local community to help us raise money to build an intensive and realistic training environment for our critical care team. High-tech visual projections, sounds and smells will submerge our team in ultra-real training scenarios so they can practice advanced procedures on human-like medical mannequins, putting them under the same stress and pressure of a real-life incident. This could be a car crash by a busy road or an incident in a child's bedroom, this immersive training will help our team to train and prepare better for the various real-world scenarios they face every day.”

EHAATs team work 24/7 and are dispatched up to 6 times a day. They aim to save lives and reduce and prevent disability and suffering from critical illness and injury by providing a first-class pre-hospital emergency medical service. Treating patients at the scene, away from immediate hospital support, they could be performing open-heart surgery on a road one minute and managing a blood transfusion mid-air the next. When work is this tough there is no substitute for training.

Naomi continues, “This new training simulation suite at our North Weald Airbase will allow for the realistic simulation, debrief and critique of incident-based scenarios. This will enhance confidence, knowledge, team communication and performance at the scene of each mission. This new suite will also enable us to collaborate and share learning and experiences with partners across the emergency services and the NHS, opening the facility up for cross team simulations such as road traffic accidents and terrorist incidents.

The long-term impact is that with your help our critical care team of pre-hospital care doctors and critical care paramedics will continue to perform increasingly complex medical procedures in unusual locations and scenarios. The result will be a stronger air ambulance for the people of Essex and Hertfordshire and the saving of more lives. In addition, our high-tech training environment will become a Centre of Excellence, setting training standards for wider medical and emergency service communities across Essex, Hertfordshire and beyond.”

Natasha Robertson, Fundraising Manager said, “Training is so vital to ensuring that our clinical teams continue to provide the life-saving work that they do. We are thrilled that with the support of Stephen Gale at the Thorpe Bay Rotary Club we have been able to setup this very special appeal and if you could donate, you would have the peace of mind that you have helped to better train our critical care team now and into the future. To find out more and to support this appeal please visit www.globalgiving.org/projects/essexhertsairambulance.”



For more information about EHAAT and its work, visit ehaat.org.

CLACTON KEYBOARD MUSIC CLUB COMMUNITY HALL VALLEY ROAD, GREAT CLACTON CO15 4AR

A Musical evening with Annie on a Keyboard
on Weds 8th September 7-00pm for 7-30pm
for first visitors it's £5-00 per person .
You can also become a member later if you find
that you enjoyed your evening.
For more information required phone
07774 802935.



Great Bentley Gardening Club

Our AGM and Social evening is planned for
Tuesday 21st September at 7.30pm
in the Village Hall.

I do hope that you will be able to attend.
ALL are welcome to find out about our club.
Any Covid restrictions will naturally be
followed.



FOOTBALL CLUB NOTES

Essex & Suffolk Border League Div 2

Sat Aug 7 th	Thorpe Athletic	home
Sat Aug 14 th	Fifteen Degrees	home
Sat Aug 21 st	Brightlingsea Town	home
Sat Aug 28 th	Hatfield Peverel Res	home
Sat Sept 4 th	Boxted Rovers	home
Sat Sept 11 th	Heddinghams Utd	away
Sat Sept 18 th	Tiptree Jobserve Res	away
Sat Sept 25 th	Thorpe Athletic	away

(KO 3.00pm unless stated)

D 2 – 2
W 6- 1



Essex & Suffolk Border League Div 4

Sat Sept 4 th	FC Clacton A	home
Sat Sept 11 th	Boxted Rovers Res	home
Sat Sept 18 th	Gosfield Utd Res	home
Sat Sept 25 th	Ramser & Mistley Res	home
Sat Oct 2 nd	Abbey Fields	away

(KO 3. 00pm unless stated)

12.30pm

After writing last month that pre-season training had started on Frinton beach with over 30 players attending, within days our “football world” had fallen apart.

We had lost 20 players from the 3 teams to other clubs in the Border league.

The committee had no other option than to withdraw from the premier league and play the “new” 1st team comprising of the 3 existing players staying loyal to GB and the remaining players from the reserve squad in division 2 and the “new” reserves made up from the existing “A” team in division 4.

To their credit, the 1st team management trio of Jack Murray, Greg Taylor and Lee Barratt agreed to stay and work with the new 1st team and to rebuild GB back to the Premier league.

1st team played in 3 hastily arranged friendlies, remaining unbeaten. The reserves have won both friendlies they have played in. In reality all 5 games were a mixture of players that had remained committed to GB.

Saturday 7th August saw the start of the season for Border league divisions Prem, Div 1 & 2.

The week leading up to Saturday, the clubhouse got its final clean thanks to Lara, Mary Amy our beloved “bar steward” made sure all the glasses were clean and all the beverages were in the right places in the bar. Del Gooch re-stocked the cellar and cleaned the pipes before connecting and “testing” a new barrel of Carlsberg.

1st team started the 21-22 league campaign on the green against Thorpe Athletic. The pitch looked great, really lush, recently cut by Mick Dorling and marked out by Bill Herbert. With new blue/white nets & corner flags finishing it off. Thorpe have a strong side with many players moving across from Holland last season and would have won Div 2 if it had run its course. GB took the game to Thorpe straight from the whistle and led comfortably 2 – 0 at half-time with goals from Ryan McMahon and the returning Joe Hurd.

Thorpe came out stronger in the second half and scored early on. GB then suffered a blow when influential midfielder player Tom Gray had to go of with a hamstring problem. Shortly after Thorpe had a shot at goal which Jake Allwood turned round the post for a corner. As both teams organised for the kick, the referee pointed to the penalty spot for an offence which he said had occurred in the build up to the shot on goal. This levelled the score at 2 – 2 and GB did well to hang on for a well earned point. It was good to go back into the clubhouse after the game and feel the buzz back again.

Saturday 14th saw GB host Colchester team Fifteen Degrees. Another tie that looked tough on paper. After only 5 minutes Fifteen Degrees were awarded a penalty after a rash challenge. Goalkeeper Jake Allwood saved brilliantly keeping us in the game. GB started to dominate the game and finished worthy winners with striker Joe Hurd (4) a confident penalty from young Blake Keogh-Kedar and a fine goal from Harvey Evans. Harvey is a young player who played for the ‘A’ team last season. He came on as sub last week and made his full debut for the 1st team today. He has a lot of potential, showing confidence and maturity beyond his years. Someone was quoted as calling him “the Essex Jack Grealish”

Until the Parish magazine returns to it’s pre-covid print days it may not always be possible to show forthcoming fixtures. It being dependent on fixtures being released by the Border league.

Follow Great Bentley Football Club and Border League Football on Facebook and Twitter for all the up to date information.

Stay Safe. Follow the Bulldogs

Mel

GARDENING NOTES



The latest UN climate report confirms what I believe most of us have concluded over recent years, that many of the experts are proving to be right, and there will be far reaching implications for many communities around the world. Compared to losses we have seen elsewhere this year and those predicted for years to come, the fate of gardeners here in Great Bromley may be considered insignificant. However, we are in no doubt that we are seeing climate changes and we must change some of the things we do as we cope with fluctuations in weather patterns and more extremes.

At times this year we have seen colder, hotter, wetter and windier weather than we usually experience. Very localised heavy rain showers with accompanying strong winds have played havoc with taller plants, needing increased protection and support, but there has been less watering to do with some increased yields for crops. We understand water levels in reservoirs are okay this year, but our region commonly experiences water shortages with hosepipe bans in force, so preserving our water for gardening purposes is a high priority. For the new bungalow we have already installed a large underground rainwater harvesting tank which will take all rainwater from the roofs with only a small overflow running to ditches. We will be able to pump water around the garden and fill other tanks for use in the height of summer. We will therefore improve the management of our water supply and our water costs for the garden in the driest of seasons.

At our current house, we inherited six rainwater butts. They have been very useful, but hard work for the scale of our gardening, carting watering cans back and forth. In addition, the rainwater diverters often become blocked and have been a major source of irritation. In researching for our new home, we have come across both a wide range of better water butts and much improved rainwater diverters that have filters and can be cleaned out easily without demolishing your rainwater downpipes to do so. We are likely to include at least one at the back of our garage, which is the farthest point from the rainwater tank. Whilst these are not cheap, we believe the improvement over typical DIY rainwater butts and rainwater diverters is worth the investment and will save much aggravation. If interested, it's worth doing your own research, but these sites show the huge range that is now available and would be a good starting point. [Perfect Water Butts For Rainwater Collection - All Shapes Sizes & Colours | Ecosure](#) and [Large Rainwater Harvesting Tanks | Ecosure](#).

Managing your own demand for water is the final part of the equation. One of the simplest things is to only water early and late in the day and to only water the plants direct rather than the complete bed or using a sprinkler. On a smaller scale, everyone can save household water for use on local pots and raised beds and you can learn a lot about dry gardens by visiting Beth Chatto gardens.

This month, local nurseries and garden centres should be stocking spring flowering bulbs and the mail order companies have been advertising them for several weeks. Autumn catalogues are now available from many specialist nurseries and seedsmen.

Finally, if you can find the time, there are some good blackberries to be picked this year, to go with apples for some very pleasant pies!

A.O.

RICHARD MORTON

It was with great sadness that everyone connected with Great Bentley Football Club heard of the recent passing of Richard Morton, our long-time chairman, latterly patron of the club, and we would like to convey our heartfelt condolences to Richard's family.

Thanks, in no small measure, to Rigger's determination and leadership skills, the club managed to turn round a difficult period during the 1990's before re-establishing itself as one of the most respected football clubs in the area.

Playing for Bentley in the 1970's, he was a bustling half-back who always enjoyed making an impression on opposing inside-forwards.

But, in terms of football, it is as an administrator that Rig will be best remembered, first elected to the committee as the players' representative in 1975.

His initial stint as chairman began in 1984 when, alongside secretaries, John Walters, then Bob Platt, and treasurer, Ian Scott, he helped steady a distinctly rocking ship.

Richard was again persuaded to take the helm in the mid-nineties, at which time he formed a formidable combination, first with Rita Coles and later, Clive French as the driving force behind a resurgent Great Bentley. His footballing legacy includes the building of the new changing rooms, opened in 2008, the upgrading of the bar into a facility fit for purpose, and the levelling of the second pitch, which has been of great benefit to our successful youth teams.

What Richard mainly helped develop, however, is a thriving community based club, known not only for its competitive football teams, but for a level of welcoming hospitality renowned throughout the league.

When ill health forced him to step down in 2013, new chairman, Andy Walker said that Richard's would be a very hard act to follow, and it is a measure of the esteem in which he was held that the club made him Patron for his remaining years.

Rest in peace Rig.

GREAT BENTLEY CRICKET CLUB

The D30 squad have been enjoying some excellent cricket, with some outstanding transitional performances from the Colts. The future of Great Bentley cricket is looking strong. We must mention in particular one young lady, Lily Wainer, who not only holds her own against the men but bowls like a demon. In the recent game against Brightlingsea she got 5 wickets! Amazing!! September is looking busy again on the Green so please come along and support us.

Matches for end August 2021

Sun 29: Jeff Wright Memorial Match @ Home

Matches for September 2021

Fri 3: Colts Awards Evening

Sun 5: T30 Mens Home v Chapel & WC 1pm start

Sun 19: T30 Mens Home v Tendring. 1pm start

Sun 26: T25 Mens Home v Railway Tavern 1pm start



Fridays: Colts training: sessions to be confirmed when lifting restrictions clear.

You can follow us on Facebook @ GBCC BAR for updates and information.

Membership information from: gbccbook@gmail.com

Are you interested in playing cricket in beautiful surroundings? Whatever your age, whether you are a competitive player, a bit rusty or would just like to meet new people and have some fun, why not come and join Great Bentley Cricket Club.

We have great facilities on the biggest village green in the UK run by a committee of local residents, dedicated to keep the game of Cricket a part of the village life.

For more information, come along to the Club House on The Green, or email Peter Giles peter.giles@uwclub.net or Carol Kerridge: 07748 802690 kerridgecarol@gmail.com

RICHARD MORTON (A.K.A. RIGGER) AUGUST 1944 - JULY 2021

Richard was born on the 3rd August 1944 at "Mill House" which stands in the middle of Great Bentley Green (at that time it was the nursing home for the district). He was the second of the three sons of Carl and Marie Morton who farmed Carpenters Farm at Aingers Green.

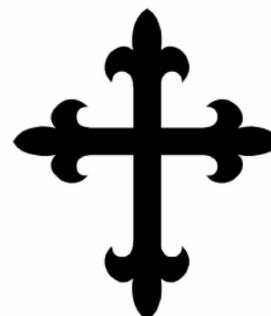
From the age of five Richard attended the Colchester High School for boys leaving there at the age of fifteen. He went to work for John Black at Hall Farm in the village and then, a year later did an agricultural course at Writtle College before returning home to work on the family farm.

Through his membership of Wix Young Farmers Club he met Jane his wife to be and they were married at Fingringhoe parish church in June 1967. They set up home at "Clementdene" in Shair Lane and it was there that they brought up their five children, who have since all married and had children of their own so Richard was "Gramps" to eleven grandchildren at the time of his passing.

Richard was fiercely passionate about Great Bentley and its well being. He served for several years on the Parish Council, was player, Captain and Chairman of the cricket club, player and Chairman of the football club as well as playing both football and darts for the "Red Lion" pub. Socialising within the village was one of his hobbies and he and "Yesterdays Men" (a group of other like minded souls) did their best to keep all the watering holes in the village financially afloat!!

Richard's final journey by tractor and trailer took him from the bottom of the Green past the place of his birth, between the football and cricket pitches and finally past the former Red Lion pub to the Churchyard to be reunited with Jane.

Robert Morton



SESAW NEWS

My canine pals and I detect an air of fresh optimism amongst the humans. The volunteers talk of evenings out, day trips and going away when they pause for a quick coffee and chat. They also plan to fundraise at several events in September. Firstly, at the Plough Day at Badley Road, Great Waldingfield, CO10 9RY and a Dog Show at Leavenheath Village Green. Both of them on the 5th followed by a Fun Dog Show on the 11th at the Shelley Centre for Therapeutic Riding, IP7 5QY.

Meanwhile we have a delightful pair of elderly Border Collies, sadly homeless since their owner died. Eleven and ten year old Ruby and Renee are fit and well, adore their walks and being with you. If you are the special person with the loving home they deserve, please leave your name and number on the answerphone or email.

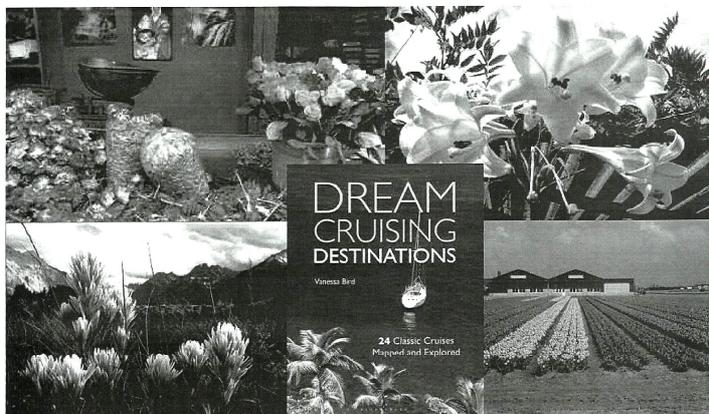
Everyone has a book in them, including one of our supporters. Frank Payne has written about his early life, from a wartime childhood in South East London to a promising career in sports journalism which was rudely interrupted by two years National Service. The author's return to Civvy Street was peppered with disappointment and disaster, whetting the reader's appetite for the next instalment later this year. "Here Today, Gone Tomorrow" is available for £5 to raise money for SESA W, please phone or text 07881 785535 to order a copy. Mum says I'm not to get any big ideas, the world is not ready for the memoirs of me, Kenny (the Boss) Chihuahua.

Suffolk & Essex Small Animal Welfare, Registered Charity No.1124029, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888 www.sesaw.co.uk

Great Bentley Methodist Church
in the centre of Great Bentley Green

Flower Festival

Saturday 4th September 10am to 5pm
Sunday 5th September 11.30am to 5pm

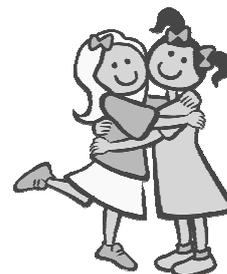


Lunches, Teas & Stalls
Join in the fun Quiz

Friendship

Life is sweet, just because of the friends
we've made
And the things in common we share.
We want to live not because of ourselves,
But because of the people who care.
It's giving and doing for somebody else
On this all life's splendour depends.
And the joys of the world, when
You've summed it all up,
Are found in the keeping of friends.

Betty Rowe





NORTH ESSEX BOAT SHOW & JUMBLE

Sunday 19th SEPTEMBER 9am – 3pm

Clacton Road, Horsley Cross, Essex CO11 2NU

Off A120 Horsley Cross and B 1035.

Duel Carriageway all way from M25 via A12 & A120.

As Its 'International Talk Like a Pirate' Day

Join in our Children's Pirate Fancy Dress Competitions.

Under 4, 8, 12 and 16 Age Groups. At 12 Noon.

Shows Interest sections

Chandlery - Fishing - Inflatables/Canoes

Private Boat jumble – Surfing – Boats

Book Stalls - nigel@garden-shows.com 07802 282193

Entry on the day Adults £5 . Children U15 Free

HOT FOOD and TOILETS AVAILABLE ON SITE.

COVID Secure Precaution's in place.

Include part of your story in St Helena Hospice's time capsule



St Helena Hospice is inviting you to share your memories with future generations by including part of your story in its time capsule.

On Saturday 2nd October, the local charity will be hosting a time capsule event in Castle Park, Colchester, from 10am – 3.30pm. Anyone is welcome to come along and step back in time to enjoy a variety of activities including visiting the St Helena vintage pop-up shop; or treating yourself to something delicious from Darcy's Sweet Shop or Sip and Tuck, or enjoy a cream tea.

There will also be a short celebration service at 3pm to celebrate your treasured memories spent with loved ones.

Lizzie Deed, supporter engagement fundraiser at St Helena Hospice, said: "Over the last year and a half, many of us have felt the impact of being unable to spend time together with loved ones or to create precious memories to look back on, giving us a deeper appreciation for the memories we do hold.

"That's why, to mark our history as a hospice and to celebrate the memories we have been part of in our local community, we will be burying a time capsule in the hospice grounds to share your story with future generations.

"We'd love as many people as possible to be part of the history of the hospice and celebrate your memories, by including something personal to you in our time capsule."

People can include a physical item such as a photo, newspaper clipping, a piece of jewellery, a letter, some art etc, or they can record an audio or video message, in return for a suggested donation to St Helena Hospice, with all proceeds going towards supporting local people facing dying, death and bereavement.

As space in the time capsule is limited, you are asked to reserve your space in advance. You can then bring along your item for inclusion in the capsule to the event in Castle Park, where you can also record your message in a video booth.

To find out more about the time capsule and to reserve your space, please visit www.sthelena.org.uk/timecapsule

ST MARY'S CHURCH

Saturday 4th September

WELCOME DAY

Come and find out about your local Church

Do come along to support us

Dog Show

Huge Bric A Brac stall

Books

Raffle

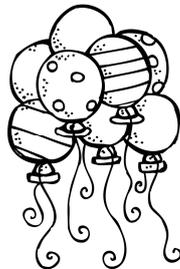
Tombola etc

Refreshments

Produce Stall

Bell ringing demonstration

Organ recital



WHAT'S IN A (HOUSE) NAME? by David Flinn

Walking around the village, are you intrigued by the house names some of us have chosen or inherited? Here is a selection of why some were chosen by their owners:

Lippe - an area or District (Kreis in German) in the East of North Rhine Westphalia, Germany where my wife was born (the old town of Detmold). If you are interested in this beautiful area, you might wish to see their website www.land-des-hermann.de Watch out for the imposing and interesting Hermannsdenkmal monument.

New May House (approx 1750) - is named after the farm house of May Farm, which became dilapidated. The family decided to move into their farm workers cottages and convert them into one family home. Hence New May House! May farm was situated south of the Green and was built on as the Tree Estate.

Saratima – some you may recall and was named after the owner's children Sarah and Tim. However, this house on The Green has a new identity with its current owners.

Poplar House - Named after the grandfather of Peter Allington who now lives there. He was a policeman in Poplar in the 1800s and was part of the Bow Street Runners.

Stonybroke - Peter and Carole Allington first built the house in 1965 on land owned by Poplar House where they now live. They named it Stonybroke because at the time it was hard work to get enough money for a mortgage.



Great Bentley Pre-school
www.greatbentleypreschool.co.uk
information@greatbentleypreschool.co.uk



Although we still have a few days of the summer holidays left, the new academic year is not far away, I hope you have all had a wonderful time so far and enjoyed the weather that we were lucky enough to have at times.

When we do return, I would like to welcome Freddy, Oliver, Hudson, Kio, Pippa, Imogen, Tom and Holly who all begin with us this month. I hope you all enjoy your time at our Pre-school, I can promise you will gain lots of wonderful and exciting new experiences. We welcome you all as families as you start this new journey, and we look forward to working with you all over the coming terms. That brings me on to wish our recent group of children that left 'Good Luck' as they start their new Primary Schools.

You didn't leave us how we planned or wanted, and you didn't get the transition you deserved, but we all know you will thrive and excel so well in your new environment, we will hopefully see lots of you around the village so you can tell us your stories.

Picnic

On Tuesday 24th August we arranged a picnic on The Green so we could say goodbye to our leavers as we had to close earlier than planned for the summer holidays. After much worry about whether the weather would be OK when we arranged it, it turned out to be a glorious day.

It was so lovely to see everyone and was so nice to have the opportunity to say goodbye properly, for those that couldn't make it, we missed you lots and will be in touch soon.

I would like to say thank you to The Cricket Club too who always support us and allow us to use their facilities at events like this.

A Sad Farewell

We also didn't get the chance to say goodbye to Jo who has decided her time at Pre-school has come to an end. Jo has been here for 10 years and been a valued part of the Pre-school in that time. She will be sadly missed but we would like to take this opportunity to thank her for all her years, enthusiasm and dedication she has given to the Pre-school and community over that time, we all wish her the best for the future.

Registers

I still have some limited availability if you would like to join our Pre-school, please contact me via our FB Messenger or email where I will happily give you details.

For now, enjoy the rest of the summer holidays and we look forward to welcoming everyone back on Monday 6th September.

Thanks for reading.

Julie Wiles

**PHOTOGRAPHY
CATEGORIES FOR GREAT BENTLEY SHOW
2022**

Creepy Crawlies
Magic Moments
Sporting Chance
On Four Legs
East Anglian Skies
Up the Creek
Open ...



DIARY FOR 2022

JUNE

2nd - 4th Queens Platinum Jubilee
Carnival - Last Saturday in June

JULY

16th Cricket Club celebrate 250

SEPTEMBER

3rd Village Show



GREAT BENTLEY CARPET BOWLS CLUB

Great Bentley Carpet Bowls Club would like to invite you to come along to the Village Hall on Friday evenings to meet our friendly club and enjoy a game, a cup of tea and a chat.

Bentley Green Ladies Club SAVE THE DATE!

We are hoping to have a meeting on Tuesday October 5th
More details next month



YOUTH FOOTBALL

The new football season has started but for the kids they have to wait until the second week of September for their first league games but once again we have a healthy number of teams in the CDYFL and some of them look really competitive. Tony went to the league AGM which by all accounts was a feisty affair but it does mean that we are looking at using the FA full time system which will definitely make the managers lives a bit easier as they can put details of the score directly to the website as soon as the game finishes.

We also held our club AGM and following the departure of our last chairman Jason at the start of the year we are very happy to announce that Rob Siddons has agreed to be the chairman for the forthcoming season which is great news. We would like to thank Rob for coming forward to volunteer as chairman which will ensure that the club continues to provide football for kids in the area. We are now into the task of getting new kits and equipment where they are needed and would once again like to thank all of our very generous sponsors who continue to support the club and make sure that the kids look great in their kit. You will have noticed that training is back on the Green as the teams prepare for the season ahead, I still think this is one of the best scenes on the Green when there is football, cricket and people out walking their dogs, it makes the village look very vibrant especially at this time of the year when the sun is out!

Anyway that's it for now - thanks for reading,
Scott

Surgery News

We are fast approaching flu vaccination season and I want to take this opportunity to remind everyone who is eligible to call us to make an appointment for your annual NHS flu jab.

Flu vaccinations will be available this year to all patients aged 50 and over and those under 50 with chronic health conditions.

Although I cannot give you exact dates as I write this Newsletter, the Flu Clinics will start in late September and we will be running these on a Saturday. We will of course continue to provide vaccinations opportunistically during normal routine appointments to eligible patients, so there is no need to book a separate flu appointment if you are seeing a clinician for a face to face appointment once we have received our flu delivery in late September.

Flu is an unpredictable virus that can cause mild or unpleasant illness in most people. BUT, it can cause severe illness and even death among vulnerable groups including older people, pregnant women and people with an underlying health condition. If you are not sure if you are eligible, please give us a call. We are unable to provide private vaccinations, but many local pharmacies do.

By having your flu jab, you are not only helping yourself, but you are also helping to protect the wider population from this nasty virus which can easily spread to vulnerable people who are much more at risk from complications.

Call 01206 250691 NOW to book your appointment.

Covid-19 Booster Vaccinations

At the time of writing this Newsletter we are still awaiting further guidance regarding the Covid-19 booster vaccinations. We will update our patients once we receive further information about this.

Verbal Abuse

I am very sorry to report that there has been a significant increase in the number of patients being verbally abusive towards our Practice staff. The whole Surgery team work very hard to provide a helpful and efficient service and I would ask that patients treat our hardworking staff with respect at all times.

Patient Participation Group

There isn't a Patient Participation Group meeting planned in September. If this situation changes then PPG members will be informed by email and we will also advertise this on the Surgery website.

Sue Mitson
Operations Manager

SAMARITANS PURSE CHRISTMAS CHILD

We will again be supporting the charity Samaritans Purse Christmas Child, the idea is to fill a special shoe box with small presents for a child, these will be sent to an international charity to be distributed to children in the poorest countries around the world.

Boxes are available at the back of the Church. If you would like to fill one or make a donation please come and take a box

Many thanks

Wendy King

TENDRING PRIMARY SCHOOL RECYCLE SCHEME

In my article last month, I was pleased to be able to tell you about the relocation of our main drop-off and sorting hub which is now based at ECL, Plough Corner, Harwich Road, Little Clacton, CO16 9ND.

I spoke of the progress we were making and said that we were hoping to reach a point very soon where we were finally able to accept all streams once more and I am delighted to say we are now there! 18 of our drop-off points are now fully operational again and location details can be found on either our website or Facebook page, or you can always contact us on 07808239141 or 07956411166 and we will be more than happy to help. If you would like to drop off at our main hub, you can do so between 9 – 4 Mon to Fri, or we have an open evening every Thurs from 4 - 6.30p.m. At the open evenings you have the opportunity to meet some of the team and also to receive help and advice if you would like it. There is always a friendly welcome. If a Thursday evening is not convenient however and you would prefer to drop off during the day, you can do so by using one of the three clearly marked 'Drop-Off' wheelie bins which are situated on the slope immediately outside the hub. Or, if you go to Reception, one of the ECL staff will kindly take you through to the hub, where you can place your various streams of recycling into the individual signed bins yourself. I promise you will be both fascinated and astonished by what you see!

As you know, our ethos is always to Reduce, Reuse and Recycle and with that in mind we were really pleased to learn of the new initiatives being taken by the supermarkets in their efforts to increase the recycling of soft and flexible plastics. You are probably aware that many of the big supermarkets have had stretchy plastic bins at their stores for quite some time, but now they have gone one step further and incorporated the recycling of other flexible plastics such as the film lids from ready meals, soft fruits and veg; salad bags; chilled and dried food packs; sauce pouches; microwaveable rice packs; baby wipe packaging; fresh flower, gift wrap and gift tag packaging; fruit and veg nets and more. All of the aforementioned being items which we are unable to take as a group, which is a huge step forward with regards to what we can all save from landfill. A report from WRAP estimated that flexible plastic film contributed towards 290,000 tonnes of plastic packaging waste in 2019. Few local authorities collect these items however and currently only 6% is collected for recycling. These initiatives therefore are badly needed.

The Co-op and Sainsbury's seem to be leading the field and surging ahead in their progress with this, with the Co-op currently offering the facility in 1,500 of their stores already, increasing to 2,300 by November. At Sainsbury's the number of stores is currently 520. Tesco are still trialling a scheme, but hope to introduce their own programme into all large stores nationwide by the end of the year. The Co-op at Manningtree (and I believe Old Road, Clacton) is already offering the service, as is Sainsbury's Tollgate. The individual supermarkets can confirm current provision and that soon to come.

Below is a guide to what Sainsbury's will accept. Sadly, lack of room prevents me from including the Co-op details, but please do investigate as it is a truly impressive list. For the Co-op information Google 'Soft Plastic Packaging – Co-op' and then click on the 'See what you can and can't recycle' link.

We have a long way to go with regards to saving our planet, but this is certainly a big step in the right direction. Just imagine, one day we may well have nothing to go in our dustbins. Now there's a thought!

Until next month.

June Barker

YES PLEASE

Dry food flexible plastic

Bread, cereal, rice & dry food bags, confectionary, biscuit and cake wrappers, crisp and snack packets.

Other food flexible plastic

Cheese wrap, peelable film lids & frozen food bags, fruit/vegetable/salad bags & flower wrapping, multipack film wrap, clingfilm & sleeves on bottles.

Pouches & sachets

Coffe, confectionary, homecare, sauce/babyfood/pet food/micowavable food pouches, toiletries, refill pouches, packets & sachets.

Non-food flexible plastic

Carrier bags, clothing bags, bubble wrap, magazine & newspaper wrappers, toilet roll & kitchen roll wrapping.

NO THANKS

Disposable gloves or masks

Compostable or biodegradable bags & wrapping

Foam or polystyrene of any kind

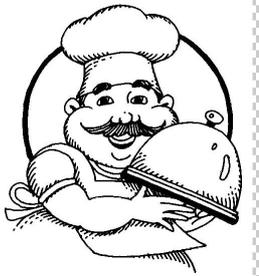
Medical blister packs

General litter or rubbish

Recycle at home

Rigid plastic bottles, pots, tubs or tray packaging

Glass, paper, cardboard, metal packaging



COOKERY CORNER

MARINADES

The process of marinating food is basically soaking or smearing the item thoroughly and turning over frequently in a balance of acid, oil and seasoning for a length of time before cooking in order to gain extra flavour. Meats especially become more tender and will cook more quickly, and as a result, will be less likely to dry out. Meat needs at least thirty minutes or overnight in a marinade to gain any benefit. Pork chops and chicken pieces can marinate for one to two hours and larger cuts will need four to twenty four hours. Beef and lamb benefit from a stronger marinade and a longer time. However fish needs no more than thirty minutes because it is more delicate. Ten to fifteen minutes or even just five is often enough especially if you are using a citrus marinade such as lemon, which can start to “cook” the fish and you will end up with ceviche, a dish of raw fish cured in citrus juices, which in itself is very acceptable but not if you are intending to use the grill. Very delicate fish such as sole or prawns do not need to marinate and should be cooked immediately. Season fish just before cooking to avoid the possibility of excess drying. Always marinate in a fridge. A whole chicken or lamb legs and larger cuts of meat or whole fish will need a longer period of time. Items can be placed in a covered bowl and turned over frequently, or in a closed plastic bag where it can be easily pressed to thoroughly coat with the marinade. The following are some suggestions but you can easily adapt them or make your own favourites. Our son in law often uses yogurt or a fruity jam.

POULTRY AND PORK

Soy and orange 2 oranges, 4tbsp soy sauce, 2tbsp olive oil, 1tbsp paprika, a few sprigs of rosemary, 2 dashes of Tabasco sauce and 2 crushed garlic cloves. Juice the oranges and mix all the ingredients including the orange skins before thoroughly coating the meat. Cover and leave in the fridge for several hours, turning a few times.

Lemon and thyme.....grated rind of 2 lemons, 2 crushed garlic cloves, 1tsp honey, 1tsp olive oil and 1tsp of dried or fresh thyme. If you enjoy a hotter marinade you could also use a green chilli, deseeded and chopped finely. Blitz all the ingredients in a processor and smear the resulting mixture over the chicken. A whole chicken or pieces with the skin on can be prepared by cutting into the skin before applying the marinade.

LAMB

Ginger and herbsa handful of mixed fresh herbs like mint, coriander, basil, 2 crushed garlic cloves, 1tbsp ginger, 2 red chillies deseeded and chopped, juice of 1 lemon, 2tbsp red wine vinegar, 2tbsp maple syrup, 2tsp salt and 100ml olive oil. Blitz all the above and smear over the meat, especially into any cuts you have made.

Lemon and garlicjuice and zest of 1 lemon, keeping the rind, 2 garlic cloves, 1 shallot, a bunch of oregano or marjoram, and 100ml olive oil. Chop the lemon rind, garlic cloves and peeled shallot very finely. Mix everything together thoroughly and marinate 6 to 12 hours.

BEEF

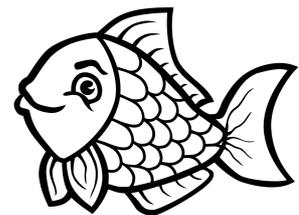
Oregano and paprika2tbsp sweet paprika, 1tsp cayenne pepper, 2 crushed garlic cloves, 1 tsp dried oregano, 1tsp red wine vinegar, and 100ml olive oil. Combine and marinate 6 to 12 hours.

Rosemary and mustard6tbsp Worcester sauce, 2tsp Dijon mustard, 4 chopped sprigs rosemary (discard the stems) and 2tbsp olive oil. Again, mix thoroughly and marinate 6 to 12 hours.

FISH

Lemon and herbs..... ½ cup olive oil, 2tbsp fresh lemon juice and a handful of chopped fresh herbs such as cilantro, basil or rosemary leaves. Mix into a rough paste and brush onto the fish. Leave for no more than five minutes and pan fry, grill or roast for ten minutes per inch of thickness.

Mustard and maple syrup..... 4tbsp wholegrain mustard, ½ cup syrup and seasoning to suit. Mix into a paste and spread over the fish, leaving it for five minutes. This is especially good with salmon grilled or steamed and served with a layer of chopped dill.



M.E.



P.M. Reported Missing!



- All the answers are British Prime Ministerspast & present!

1. Which Witch Project? (1999 film) (B)
2. Dad's Army character played by John Le Mesurier. (W)
3. Racehorses often seen on the gallops here in Newmarket. (H)
4. The voice of Princess Fiona in 'Shrek'. (C)
5. Charity which holds 'The World's Biggest Coffee Morning'. (M)
6. Actress who portrayed Dot Cotton in EastEnders. (B)
7. Cornwall's famous project. (E)
8. The Darling Buds of (M)
9. Famous female aviator from Hull. (J)
10. One-time owner of the knicker factory in Coronation Street. (B)
11. Hero of Robert Louis Stevenson's novel 'Kidnapped'. (B)
12. George Orwell's prize boar in 'Animal Farm'. (M)
13. Craftsman using reed or straw as roofing material. (T)
14. These Downs are the home of the Kentucky Derby. (C)
15. Actor in 'Doctor Kildare' and 'The Thorn Birds'. (C)
16. Clan who suffered at the Massacre of Glencoe. (Mc)
17. The 1960's puppet created by Shari Lewis. (L)
18. Radio 1 DJ who died in 2004, born John Ravenscroft. (P)
19. Black tea blended with oil of bergamot. (E G)
20. Small portmanteau bag often made from leather. (G)

1.Blair Witch Project 2.Sergeant Wilson 3.Heath 4.Cameron Diaz 5.Macmillian Cancer Support 6.June Brown 7.Eden Project 8.May 9.Amy Johnson 10.Mike Baldwin 11.David Balfour 12.Major 13.Thatcher 14.Churchill Downs 15.Richard Chamberlain 16.McDonald 17.Lamb Chop 18.John Peel 19.Earl Grey 20.Gladstone bag



GREAT BENTLEY RUNNING CLUB

As restrictions have relaxed the running club is gradually easing towards some sort of normality. To our great delight we have been able to start up our Mickey Edwards 5k series on a Wednesday from the village hall. It has been great to see so many taking part and getting some very good times around the lanes of Great Bentley. Although it's not totally back to normal everyone seems to be enjoying racing again. There have been some great improvements in times over the 3 races we've had so far which is the main goal of the handicap system so fingers crossed we can continue with the series.

The club trail runs are onto their 3rd round. This year the start points have been Wrabness, Capel St Mary and Copdock with the final event being close to Colchester. So far all of the courses have been very scenic and all have their own points of interest. With Wrabness, for example, we saw the Grayson Perry building from several different angles! All have had their fair share of mud and stinging nettles but with a summer like this and the rainfall we have experienced we could hardly expect less! Due to the uncertainty still surrounding Covid-19, we have again decided to run this year's GBRC Trail Run Champs as virtual events. The 4 rounds are from June to September and range from 6 to 7 (ish) miles in distance. Runners have 1 calendar month to do each round and can do the run at any time during the month (e.g. – the first round will be from 1st to 30th June) The instructions for each round are posted on the GBRC website the night before the start date. There is a free t-shirt for all club members who complete all 4 rounds and a winners t-shirt for the male champ and female champ. As a point of interest all of the trails also make really interesting walks (if you don't mind a countryside hike with some mud and nettles.) The details for each are available on the club website and are great way to spend a few hours. Many non-club members have been out on our trails and survived!

Other races have come back thick and fast and it has been good to see club members once again getting out there and performing, Charlie Keitch has been doing some 10k's on at the Suffolk Trail Festival that saw him on the podium in 3rd place and then at Nayland (where the course was a bit longer than the stated distance) he finished in 47:31. Also running at Nayland was Mark Crittenden who completed the long 10k in 1:12:43.

Colchester Runners very kindly put on a free Colchester Orbital half marathon in July and Mark Crittenden ran this and was joined by Neil Robins and Leoni Harvey. Felsted also held their 10k which was on a blisteringly hot day in July where the temperature reached well over 30 degrees (who'd have thought given this summer's weather!), this didn't stop Dave Jones going round in 56:06.

The half marathon distance also saw Martin Owen out and racing again, this time at Leamington Spa where he finished in 1:57:22. David Wright was tempted by the 20 miles on offer over at Layer with the latest events charity event from one of our own members, Craig Mitchell. (Craig has been very busy and whenever Covid restrictions have allowed he has put on various events from Layer raising thousands for charity!) Dave grabbed a 3rd place finish in 2:32:35.

Paul Davison ran the 24 hour event at the Suffolk Trail Festival where he completed 100 miles in just over 20 hours, a mammoth effort and a fantastic result. What do you do after running 100 miles – well you go and do 50k a couple of weeks later which is exactly what Paul did completing the Writtle Round narrative trail in 5:52 which saw his wife Sarah pip him to the post. He also joined in for one day of the Essex Way event tackling the section from Little Leighs to Bergholt!

And finally, another indication that we are edging towards a less restricted way of living has appeared. Free weekly timed Parkruns have returned with many members taking part on the various routes around the county including those at Harwich, Clacton, Highwoods, Castle Park and Mersea. These events take place on Saturday mornings and are hosted by volunteers. Many have felt their loss greatly over the last 18 months as they are a chance to meet up with others as well as to have a competitive run. All the local coffee shops and cafes benefit greatly from runners meeting up before and after their runs! While we have a long way to go still, there is light on the horizon and this is another indication that, just perhaps, we will be able to get back to something resembling 'normal'.

Paul Carlisle

Great Bentley Primary School Wildlife Garden

“The children are at the heart of every decision we make to ensure that they are happy, confident and that the opportunities that are provided for them are relevant to their needs both now and for the future.”

The above quote is taken from Great Bentley Primary Schools website, it is from the Executive heads welcome and for me it epitomises everything that we do at our school. That is why when we decided to redesign part of our garden it was the children that were asked to lead the project, in particular the year 5s and a year 6 student. At Great Bentley we are always trying to find ways to make learning fun, in a stimulating environment which is essentially how this all started. Obviously teaching our children how to care for our environment and conservation is a priority too.

The year 5 class had so many ideas for the garden:

Bird Hide, Seating area, worm composter, Greenhouse, grow veg/fruit wildflower Meadow, willow dome, Bug hotel.

To be able to do this we needed help! We already had the space, a fenced off area that was overgrown and in need of some TLC.

I contacted several local businesses and thankfully Jonathan Hills of Hills Building Group came back to me. Immediately he came down to inspect the proposed area and the following day brought down his gardener Glen to have a look, so that we could plan what the best approach would be. Glen removed the dead trees and turned over the grass leaving the area ready for the children to start.

Twice a week after school we worked on the garden, year 5 children on a Tuesday and a child from our year 6 group on a Thursday. There were so many jobs to do! Digging out the pathway proved difficult and after 40 mins of tough digging we hadn't got very far so it was decided that we would hire a digger!

With the Pathway dug out Polly, Milly and Jack Fairbanks helped my children and I to plant the wildflower meadow one weekend.

The weed suppressing membrane was then cut out and fitted along the path and central area by our year 5s. Silvertons very kindly gave us a subsidised price for some bark, that we had to barrow and spread out around the garden. It smelt lovely and looked great when we had all finished. Things were beginning to take shape.

Our Bird hide then arrived, Hutchinsons Landscape Frating built it for us, making up their own plans from various images I had sent – it is so beautifully made and the children love it. Thank you!

We also bought a small PVC covered green house and began to grow strawberries, courgettes, sunflowers and tomatoes.

It is so enjoyable to watch the children run out to the garden and check the plants, watering them when needed.

Our pallet bug hotel is very much still in-progress. The worm composter is a massive hit and we have already had so much worm tea off it – incredible! A delivery arrived one morning and it was a wonderful handmade hedgehog house – thank you to John Merrison it is super and we hope that it provides a snug place for a prickly friend.

Shortly before the end of term one of the Grandparents very kindly donated a load more bark, pots, pipes and railway sleepers. Now the children have somewhere comfortable to sit.

In September we should also have some bird houses being erected in the garden as a parent donated a whopping 31 so that all the children in year 5 class could paint one each.

One of the best things about the garden is the memory area - we still need to tidy this part of the garden and add edging and pergolas. Two children have already planted a beautiful Rose in memory of their lovely Nanny.

I am so proud of all the hard work the children have put into this project. It has been their ideas and they have worked really hard so that now we have a beautiful place to learn, rest, remember and play.

I would love this garden to continue to grow and to be used to educate the children about the importance of conservation and our environment. I have applied for a grant to pay for several CRB checks for any volunteers from the local community that would wish to help with this project. The children are the future, and we need to work together to help educate and inspire them to make a difference.

“The effect of climate change on the wildlife and wild places we know and love can already be seen” (RSPB).

Anyone that would like to help with the garden or donate items to help the project continue to flourish please contact – Lynn Giles lynnjane@hotmail.com

I would like to thank all those people who have helped so far:

Maverick – The year 5 Class – Jonathan Hills & Glenn ‘Hills Building Group’ - Silvertons – The Fairbanks -The Seniors -The Browns - Steve Turner @ Sam Beck Caravans <http://www.sambeckcaravans.co.uk> - Simon Hutchinson www.hutchscapes.co.uk

WIDE & SHOW

The British Horse Society (BHS) statistics state that 2 horses are killed each week on UK roads. Between 28/2/2019 and 29/2/2020, 1,037 incidents have been reported to the BHS (81% increase over the previous year).

80 horses have died

1 person killed

81% of incidents occurred because cars passed too closely to horses

40% of incidents occurred because vehicles pass by too quickly

**Please note these figures are not a true representation of the actual figures, these are only the incidents reported to BHS.

In September 2015 a "Pass Wide & Slow" petition was started which to date has raised 148,351 signatures. In

February 2016 with the support of MP Derek Thomas the petition was handed over at a meeting with the then Transport Minister. In June 2016 the petition was debated in Parliament.

To raise awareness it was suggested that local (horse) rides were set up to raise awareness, to non equestrian people.

Some drivers are scared to pass horses, they are a big animal, it was considered wise to educate drivers who may only rarely meet horses on the roads, make drivers aware of the dangers if an incident did happen and how to make sure accidents don't happen.

In the first year (2016) 20 rides went out Nationwide. In 2018, 15 rides went out Nationwide. In 2019, 55 ride/drives went out Nationwide. In 2020 150 rides were booked to go out on 10th May nationwide but unfortunately due to COVID the events were cancelled completely.

This year (2021) there are currently 176 rides booked to go out across the UK and further afield on 19th September and more are coming on board all the time

The riders of Great Bentley are joining this national event on 19th September and will be leaving from Edens Farm, Weeley Rd at 11.00, to ride as we usually do around the villages and roads of Great Bentley and Aingers Green. There may be a few of us or several – yet to be determined. If anyone wishes to join us on horseback or with a horse and carriage they are most welcome. Depending on numbers involved we may go out in small groups, we have no desire to cause road chaos, this is not a protest, we move out of the way when we can and don't deliberately hold drivers up, we just smile, thank them and hope that they enjoy seeing a group of riders or carriage drivers out together.

The aim is to help educate drivers on how as riders we would like to keep ourselves safe. We are now using cameras and hi viz to help in this aim.

The national Pass Wide & Slow Group has a lot of followers who have lost their horses, partners, husbands or wife in an equestrian accident whilst riding or carriage driving on roads. With 22,500+ members they want improved road safety for riders and better off road facilities for horse riding and carriage driving. The events on 19th September are aimed at highlighting this, please give us a wave if you see us go by.



I watched the 'Magnificent Seven' television programme recently, not the western, this one was about seven strangers who came together to walk the Camino de Santiago de Compostela where tradition has it that the remains of the apostle lie in the cathedral. The choice of pilgrim was singularly suitable as each person was of strong character and being so was sufficiently confident to enter into open debate, to accept an outcome or at least consider a different point of view. Moreover, each was a victim of life's experience having at some point in their past suffered an immense emotional or physical trauma but had survived that ordeal and emerged the stronger for it. The programme explored the significance of being a pilgrim or *peregrino*, a person in search of fulfillment having completed a long journey or toiled in an act of religious devotion. But however, the programme also embraced the notion that for some walkers, the task was rather like any other long-distance walk, simply a test of one's resolve.

At the same time as the Camino was being broadcast on television, I was deeply engrossed in a book written by George Borrow and published in the year 1862. Born in East Dereham in Norfolk, Borrow attended Norwich Grammar School and developed not just a passion for linguistics but also became engaged in a philological study of words, therefore he began with Latin and Greek then using that base he could explore an impressive range of languages one of which, quite extraordinarily, was Welsh which led to a further interest in the great Bards of Wales. With a sound knowledge of Welsh dialects and a memory which held in his mind some of the finest works of the bards, he finally decided to embark upon a walk of that country at the end of which he wrote his book, 'Wild Wales'.

So therein lies an interesting contrast, having on the one hand seven pilgrims walking the route to Santiago not fully understanding why they are doing it except to feel that there may be some form of spiritual reward when looking upon the shrine of St James, reward indeed, and on the other there is George Borrow not knowing how long he will be walking because he did not know what he would find until he had found it.

Companies today provide for a walker's every need whereas Borrow was totally independent, his dress that of gentleman's attire, a clean shirt, trousers, a long coat, an umbrella and sturdy leather square-toed boots. He sought a bed at a village inn each night where he enjoyed the home brewed ale, where he would find good food as was available, perhaps a chair by a warming fire and loudly call out, 'Send boots!', a man who would repair his essential footwear. To enter into conversation often gleaned sound information regarding his sacred bards, also reciting the words of poets and songsters of renown would gain for him much approval from the Welsh community, he being a self-proclaimed Saxon but nonetheless could perform a recital in their local tongue. The turnpike roads, those toll-gates so hated by the poor and the rich alike were avoided, preferring tracks and open country, trekking sometimes in pouring rain with no means of navigation other than to knock on a cottage door, rest awhile and ask directions.

There was little recognition made by the pilgrims of the skilled workmanship that went into the construction of the holy sites they visited, understandably more concerned with the making of a small wooden cross woven into the fences along the way or the signing of a stone to be placed carefully in neat piles near spiritual waypoints. Similarly, Borrow ignored the wonders of 19th century technology, devoting his energies to his search for the birthplace of a celebrated poet or even to touch a Bardic Chair, such like that of the prolific 17th century Welsh poet Huw Morus, the great man's chair found hidden and uncelebrated in the undergrowth having been made as part of a stone wall near Llangollen. Borrow was able to sit on the slate chair and recite the words of the bard, having his back resting gently against the upright which bore the initials H.M.B., Huw Morus Bard. Yet he hardly makes mention of Telford's magnificent aqueduct, opened in 1805, two years after the author's birth. He detoured for miles to drink fresh water from the source springs of the three mighty rivers, the Dee, the Wye and the Severn, all three oozing from the ground on the upper slopes of the Plynlimon Hills, yet again appeared surprisingly unimpressed with Stephenson's imposing tubular railway bridge across the Menai Straits which was opened in 1850, just 4 years before his pilgrimage began.

Borrow was a devout Church of England man and enjoyed many Methodist chapels in rural Wales but however, when in the ferry port of Holyhead he was mistaken for a priest and therefore harassed by a group of Irish deckhands who were concerned that they were about to leave for Ireland but before sailing, earnestly pleaded for a blessing. Threatened with a beating should he not comply, he agreed but asked why the blessing was necessary - 'It would prevent the dirty steamer from catching fire your reverence, or from running against the blackguard Hill of Howth in the mist, should there be one'. He delivered the blessing in Latin and escaped further harassment.

The pilgrims showed their glee when they stood near the lighthouse at Cape Finesterre, Europe's Land's End, as the experience was manifestly one of personal fulfillment for each and for whatever reason each may have had whilst for Borrow, to discover the Bardic Chair as part of a wall near the bank of the river Ceiriog was also fulfillment, for he had touched the birthplace of his beloved 'Eos Ceiriog', Huw Morus, the Nightingale of Ceiriog.

The sailors? They had a safe crossing to Dublin.

THANK YOU

Thank you Great Bentley, the most generous village in the country. Your generosity and support has helped to raise so much and I would never have thought selling cakes, jam and vegetables could raise so much money for charity.

So over 5 years the stall has raised;

2017	£1735	Hospice
2018	£2466	Hospice
2019	£2264	Singlepoint (Hospice at Home)
2020	£2154	St Mary's
2021	£3180...and rising!	Printer Fund & Churchyard

TOTAL £11,800

Too many people to thank individually who have helped on the stall but you know who you are and also of course all who gave produce and donated so generously.

I cannot honestly believe that total.

Thank you and God bless you all,

Mary (Maskell)

P.S. That was my last stall BUT there will of course be a Produce Stall at St Mary's on
Saturday September 4th