



Charity no 1142414

COLCHESTER &
NORTH EAST ESSEX

Advice Service

**Are you aged 60 or over?
Do you live in the area of
Tendring?**

Do you need help?

**Our experienced & caring staff
are here to help**

**Attendance Allowance, PIP, ESA, DLA
Pension Credit applications & advice
Blue Badges
Housing & Care advice
Counter fraud advice**

**The service is free of charge,
independent and confidential
Tailored to your needs.**

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